SAFETY AND FEASIBILITY OF SCHOOL-BASED COMBINED MASS DRUG ADMINISTRATION FOR SOIL-TRANSMITTED HELMINTHIASIS AND SCHISTOSOMIASIS AMONG SCHOOL-AGE CHILDREN

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Introduction

- Neglected tropical diseases (NTDs) are a group of chronic and disabling conditions which are mostly infectious diseases of poverty (wно, 2012)
- □ Co-endemicity of selected NTDs, consider co-administration of anthelmintics through integrated mass drug administration (MDA) (WHO, 2006)
- Soil-transmitted helminthiasis (STH) and schistosomiasis (SCH) are most common
- Children are most vulnerable to infections



Introduction

- STH and schistosomiasis may cause the following morbidities:
 - Anemia
 - Growth stunting (malnutrition)
 - Poor mental and physical development affecting school performance
- Schistosomiasis causes chronic liver disease and is potentially fatal





Nodular liver due to chronic schistosomiasis

Rationale

- In the Philippines, the Department of Health (DOH) has different national programs for control of selected NTDs with separate MDA implmentation
- Co-administration of albendazole and praziquantel safe based on several studies conducted in Africa and Asia (Adoubryn *et al.*, 2012; Anto *et al.*, 2012; and Olds *et al.*, 1999)

DOH Programs and MDA Implementation



| | Integrated Helminth Control Program | Schistosomiasis Control Program | | |
|-----------------------------|--|------------------------------------|--|--|
| Targeted Helminth Infection | STH infections | Schistosomiasis | | |
| Drugs | Albendazole (ALB) 400 mg | Praziquantel (PZQ) 40 mg/kg | | |
| Target Population | School-age children (6-12 years old) | 5-65 years old | | |
| Mode of Implementation | School-based | Community-based | | |
| Implementing Agency | Department of Education (DepEd) | Local Health Unit (LHU) | | |
| MDA Schedule | January & July | July | | |

Objectives of the Study

General Objective

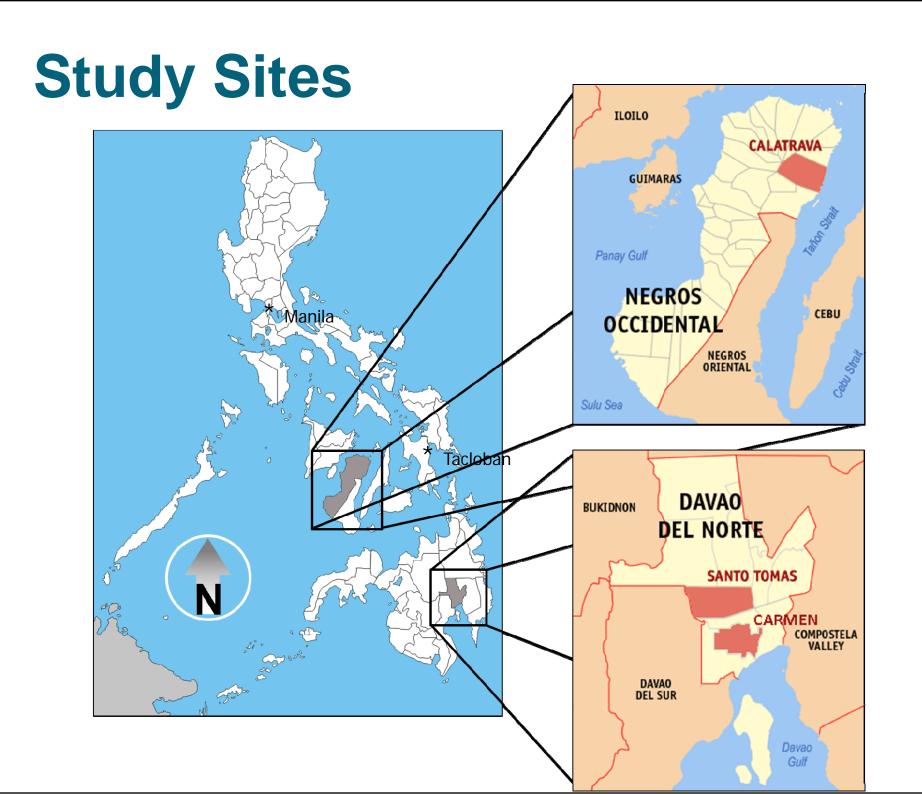
To demonstrate safety and feasibility of schoolbased combined MDA using albendazole and praziquantel in selected co-endemic areas for STH infections and schistosomiasis in the Philippines

Specific Objectives

- 1. To describe incidence, severity, and causality of adverse events (AEs) following combined MDA in selected co-endemic areas in the Philippines
- 2. To describe combined MDA coverage in selected co-endemic areas in the Philippines

Methodology

- Phase I: Pilot assessment of safety
 and feasibility of school-based combined MDA
 - Study Sites: two public elementary schools in Calatrava, Negros Occidental
 - Participants: Grades 4 to 6 students
- Phase II: Larger-scale assessment of safety and feasibility of school-based combined MDA
 - Study Sites: 8 public elementary and 2 high schools in Santo Tomas and Carmen, Davao del Norte
 - Participants: Students in all grade- and year levels



Methodology School-Based Combined MDA

| Phase I | Phase II | | | |
|--|--|--|--|--|
| ALB administered by trained DepEd nurses in a classroom setting | ALB and PZQ co-administered by trained class teachers with the presence of health workers from | | | |
| PZQ administered by LHU nurses with assistance from village health workers in a treatment station in school premises | DepEd or LHU | | | |



Trained health workers administering PZQ tablets to students on school premises in Calatrava, Negros Occidental



Trained class teacher co-administering ALB and PZQ tablets to students in the classroom in the presence of a health worker

Methodology Assessment and Management of AEs

| Phase I | Phase II | | | |
|---|--|--|--|--|
| AEs assessed and monitored up to 4 hours | | | | |
| Project physicians assessed and monitored all AEs | Initial assessment of AEs and management of mild AEs by trained local nurses or midwives | | | |
| | AEs of at least moderate severity were referred to project physicians | | | |

Severity and causality assessed according to the WHO toxicity grading scale and standard operating procedures for clinical investigators (DMID-NIAD, 2003; Karbwang and Pattou, 1999)





Results

- Phase I (done in one half day)
 - Combined MDA coverage: 80.1% (71.2 - 94.4%) (n=408)
 - AEs in 5.2% (0.0 14.7%) (n=327)
- Phase II (done in two half days)
 - □ Combined MDA coverage: 75.5% (70.0 87.5%) (n=3,192)
 - AEs in 5.4% (2.6 - 11.1%) (n=2,410)



Class Teacher co-administering PZQ and ALB to a student in Davao Del Norte



Assessment of AE by Project Physician in Anibongan High School, Davao del Norte

National STH MDA Coverage Rate for School-Age Children in 2012: **19.7%**National Schistosomiasis MDA Coverage Rate for School-Age Children in 2012: **20.4%**

Rate of students assessed to have AEs following treatment are lower than other reported rates reaching as high as **35%** (Olds *et. al.,* 1999)

Results: Phase I Assessment and Management of AEs

Incidence, severity, and causality of AEs in Calatrava, Negros Occidental

| Clinical | Incidence (n=327) | Severity | | Causality | | | |
|-----------|----------------------|----------|----------|-----------|----------|----------|------------------|
| signs/ | | Mild | Moderate | Unlikely | Possible | Probable | Most Probable |
| symptoms | No. (%) | No. (%) | No. (%) | No. (%) | No. (%) | No. (%) | No. (%) |
| Dizziness | 10 (3.1) | 10 (100) | 0 (0.0) | 0 (0.0) | 7 (70.0) | 2 (20.0) | 1 (10.0) |
| Headache | 8 (2.4) | 7 (87.5) | 1 (12.5) | 0 (0.0) | 3 (37.5) | 2 (25.0) | 3 (37.5) |
| Nausea | 7 (0.4) | 6 (85.7) | 1 (14.3) | 0 (0.0) | 2 (28.6) | 2 (28.6) | 3 (42.9) |
| Vomiting | 5 (0.3) | 4 (80.0) | 1 (20.0) | 0 (0.0) | 2 (40.0) | 1 (20.0) | 2 (40.0) |
| Abdominal | 4 (0.2) | 4 (100) | 0 (0.0) | 0 (0.0) | 4 (100) | 0 (0.0) | 0 (0.0) |
| pain | | | | | | | |
| Othersa | 1 (0.1) | 1 (100) | 0 (0.0) | 0 (0.0) | 1 (100) | 0 (0.0) | 0 (0.0) |

^aSleepiness

Results: Phase II Assessment and Management of AEs

Incidence, severity, and causality of AEs in Davao del Norte

| Clinical | Incidence | Severity Causality | | | | | |
|---------------------|-----------|--------------------|----------|----------|-----------|-----------|----------|
| signs/ | (n=2,410) | Mild | Moderate | Unlikely | Possible | Probable | Most |
| symptoms | | | | | | | Probable |
| | No. (%) | No. (%) | No. (%) | No. (%) | No. (%) | No. (%) | No. (%) |
| Headache | 79 (3.3) | 74 (93.7) | 5 (6.3) | 28 | 30 (38.0) | 21 (26.6) | 0 (0.0) |
| | | | | (35.4) | | | |
| Dizziness | 49 (2.0) | 47 (95.9) | 2 (4.1) | 11 | 19 (38.8) | 19 (38.8) | 0 (0.0) |
| | | | | (22.4) | | | |
| Abdominal | 30 (1.2) | 27 (90.0) | 3 (10.0) | 5 (16.7) | 10 (33.3) | 15 (50.0) | 0 (0.0) |
| Pain | | | | | | | |
| Vomiting | 29 (1.2) | 27 (93.1) | 2 (6.9) | 5 (17.2) | 8 (27.6) | 16 (55.2) | 0 (0.0) |
| Nausea | 21 (0.9) | 21 (100) | 0 (0.0) | 2 (9.5) | 8 (38.1) | 11 (52.4) | 0 (0.0) |
| Fever | 3 (0.1) | 2 (66.7) | 1 (33.3) | 1 (33.3) | 1 (33.3) | 1 (33.3) | 0 (0.0) |
| Allergic | 1 (0.04) | 1 (100) | 0 (0.0) | 0 (0.0) | 1 (100) | 0 (0.0) | 0 (0.0) |
| Reactiona | | | | | | | |
| Others ^b | 1 (0.04) | 1 (100) | 0 (0.0) | 1 (100) | 0 (0.0) | 0 (0.0) | 0 (0.0) |

^a Erythematous pruritic wheals, without difficulty of breathing or facial swelling

^b Chest pain

Summary

- School-based combined MDA was generally safe
 - 5% of students assessed to have AEs
 - Most AEs observed were mild and transient
 - All resolved in schools
 - None were severe requiring referral to hospitals
- Scheme for AE assessment and management
 - Initial assessment can be done by local health workers, i.e., nurses or midwives
 - Establish referral system linking schools to local health units and referral hospitals

Summary

- Combined MDA was feasible
 - Coverage rates met the WHO target of 75%
 - Utilization of existing infrastructures, i.e., schools, for MDA to access more school children
 - Utilization of existing manpower (e.g., nurses, midwives, school teachers, and village health workers) for treatment as well as assessment and management of AEs
 - Teachers can administer both drugs to students with supervision from local health workers
- Importance of multisectoral collaboration among key stakeholders (DOH, DepEd, and local government units)

Recommendations

- Scaling-up of school-based, teacher-assisted combined MDA in all co-endemic areas in Calatrava, Negros Occidental and Davao del Norte
 - Serving as model for implementation in other coendemic areas in the Philippines and elsewhere
 - Basis for formulation of national policy and practice guidelines
 - Subject of capacity building activities among local health officials and health workers
 - Social mobilization activities to help increase parental consent and MDA coverage

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- Department of Education Regions VI and XI
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Thank you

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