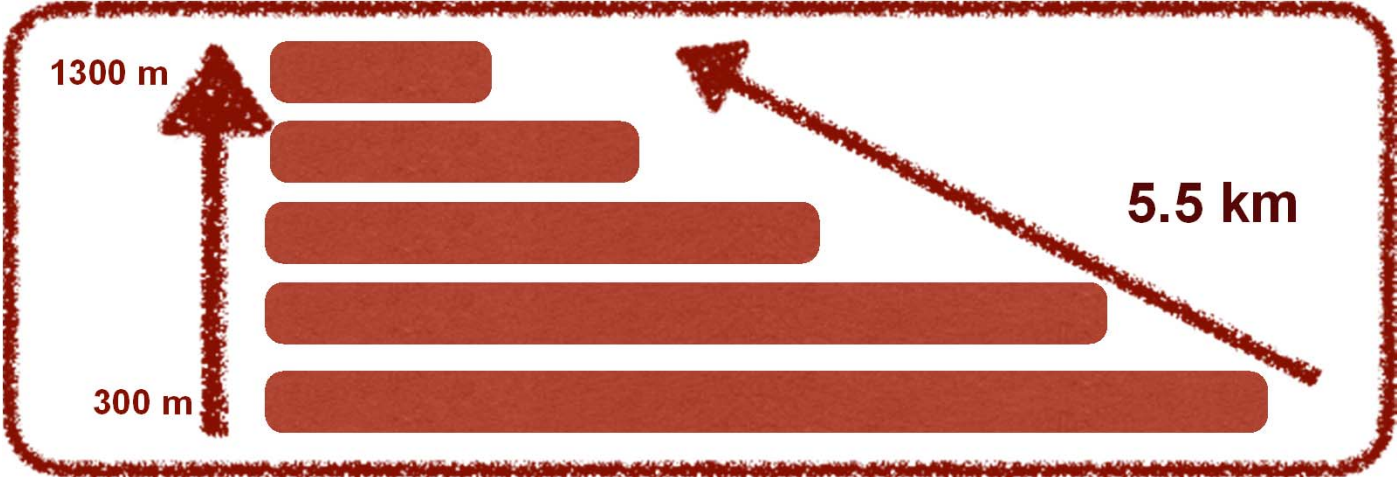





Phukradueng national park



Health Problems among Thai Trekkers in Thailand: a prospective study

- 342 participants 
 - 83% muscle ache
 - 21% nasal congestion
 - 10% abdominal bloating
- 272 participants can be followed
- Average duration of muscle ache = 2-3 days
- 1/3 need some treatments