## Modelling the Nosocomial Transmission of Multi-drug Resistant Enterobacteriaceae

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### Transmission and epidemiology of MDR bacteria



Figure by Ben Cooper

Reference: Lipsitch, M. and Samore, M.H., 2002. Antimicrobial use and antimicrobial resistance: a population perspective. *EID*, 8(4), p.347.

# High risk populations for multi-drug resistant bacteria

- Hospital settings where antibiotic consumption is high and patients are in close proximity
- Transmission can be enhanced by a lack of cleanliness, absence of hand washing and invasive devices
- Neonates are at a higher risk as their immune systems / microbiomes are undeveloped. Along with immunosuppressed or older patients with multiple conditions
- Intensive care units in LMICs have a combination of factors that create a 'perfect storm' for transmission of MDR bacteria

Image from: Dondorp, A.M., Limmathurotsakul, D. and Ashley, E.A., 2018. What's wrong in the control of antimicrobial resistance in critically ill patients from low-and middle-income countries?. *Intensive care medicine*, *44*(1), pp.79-82.



#### Cambodian neonates carriage study

- Prospectively followed neonates admitted to a neonatal unit (NU) from the ward's opening 11/09/13 until 10/09/14
- 333 infants admitted over this period. Median length of stay was 5 (range 0, 65) days and median age at admission was 10 days (0, 43).
- Aimed to perform rectal swabs on infants within 24 hours of admission and then twice weekly until discharge (more variable in practice). Cultured on selective MacConkey agar.
- High prevalence of <u>third generation cephalosporin</u> resistance: 286 infants colonised with a 3GC resistant organism either at entry or during admission (85.6%). Mainly *K. pneumoniae* and *E. coli*.
- Lower prevalence of <u>carbapenem</u> resistance; 25 patient colonised by an imipenem-resistant organism (7.5%). Predominantly *Acinetobacter baumannii* and these organisms were mainly acquired outside the ward

See Turner et al. Ped. Infect. Dis. J. 2016 for details.



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#### Carriage of MRD Bacteria among neonates

3GC *K. pneumoniae:*121 infants colonised on first admission (36%)
109 colonised during their stay (33%)
21 colonised at an unknown timepoint (6%)
82 remained uncolonised (25%)

3GC E. coli:

97 infants colonised on first admission (29%)

72 colonised during their stay (22%)

14 colonised at an unknown timepoint (4%)

150 remained uncolonised (45%)

#### **Research Aims**

- Can we identify the main routes of transmission?
- What are effective interventions?
- Which antibiotics should be prioritised?
- How can models or simulations improve our decision making?

#### Likelihood function for interval censored data





= Rectal swab taken, no MDR bacteria cultured (outcome = 0)



= Rectal swab taken, MDR bacteria cultured (outcome =1)

#### **Model Fitting**

- We calculated the probability of patient *j* acquiring an MDRO on day *i* (*p<sub>ij</sub>*) as a logit transformed linear function of intercept and covariates
- Over a swab interval of *N* days, the likelihood of becoming colonised is given by:
- The model was fit to data using a Bayesian framework for parameter estimation
- Prior distributions were vaguely informative normal distributions and we obtained posterior distributions for all parameters. We also allowed intercepts or parameters to vary by 'cluster' (hierarchical model)





 $(1-p_{ij})$ 

#### Risk factors for ESBL K. pneumoniae acquisition



#### Risk factors for ESBL E. coli acquisition



#### Aim 2: Inferring route of transmission

- We used 317 whole-genome sequences of *K. pneumoniae* collected over 4 months to investigate the population structure of the pathogen and infer transmission parameters within closely related clusters
- After adaptor trimming, reads were assembled *de-novo*. Distances between assemblies are shown as an unrooted phylogenetic tree below



#### Models for cluster transmission (1)

- We can test different assumptions on the routes of transmission with different models, and then compare the models using information criterion (measure of how well the models fits the data)
- Each model is examining the risk of a patient newly acquiring a specific cluster of *K. pneumoniae* on a certain day

$logit(p_{ijc}) = \alpha$	(Transmission Model 1)	This model includes an intercept ( $\alpha$ ) and no transmission term, consistent with within-host selection or background contamination
$logit(p_{ijc}) = \alpha + \beta_1 n_{ic}$	(Transmission Model 2)	This model includes a transmission term ( $\beta$ ) which allows for person-to-person transmission. Other routes of transmission are captured by the intercept ( $\alpha$ )
$logit(p_{ijc}) = \beta_1 n_{ic}$	(Transmission Model 3)	This model consists only of a transmission term ( $\beta$ ) which allows for person-to-person transmission but no other routes

#### Models for cluster transmission (2)



- Model comparison strongly favoured model 2 (intercept and transmission parameter)
- Posterior parameter distributions of the transmission parameter from model 2, fitted as a hierarchical model which can vary by transmission cluster
- The value gives the probability of acquisition per colonised patient per day

#### Summary: What have we learned?

- Patient to patient transmission (likely mediated by healthcare workers) seems to be an important factor in the spread of 3GC resistant *K. pneumoniae*
- *E. coli* appear to acquire resistance through horizontal gene transfer within patients from *K. pneumoniae* (we lack *E. coli* genomic data to infer the role of person-to-person transmission)
- Most antibiotics increase the risk of acquisition of a MRD bacteria, imipenem is protective against acquisition of 3GC resistant *E. coli*, likely reflecting the low levels of carbapenem resistance in this cohort
- Breast feeding was protective against acquisition of either 3GC resistant organism, links to what we know about the role of maternal antibodies
- Oral probiotic did not appear to have a substantial protective effect against colonisation with either 3GC resistant organism
- Future plans: forward simulate the impact of interventions using an agent-based model and parameter estimates

#### Pre-print out now on BioRxiv

Transmission dynamics and between-species interactions of multidrug-resistant Enterobacteriaceae

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### Acknowledgements





Cohort study in Angkor Hospital for Children

Paul Turner Claudia Turner Sreymon Pol Hospital Staff and Patients

COMRU

#### MORU Bangkok

Ben S. Cooper Pieter Smit Liz Batty Nicholas P.J. Day





#### Sequencing support from OUCRU and NDM Oxford

Nicole Stoesser Stephen Baker To Nguyen Thi Nguyen



#### Varying intercept by month (hierarchical model)





#### Models for cluster transmission (3)

- Transmission models are analogous to fitting a stochastic compartmental model with two states (susceptible and colonised)
- Given our parameter estimates for  $\alpha$  and  $\beta$ , we can simulate the transmission process given per-day numbers of susceptible patients



#### Extending transmission models to sequence types



Using software that analyses whole genome assemblies of *Klebsiella*, we have identifed the sequence type for each of our 317 samples.

Here we shown transmission parameter estimates for 42 sequence types (all samples sequenced from January 2014-March 2014)