Bather Density and Levels of *Cryptosporidium*, *Giardia*, and Pathogenic Microsporidian Spores in Recreational Beaching Waters

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Study Concept (surface recreational waters)

- Fecal indicator organisms (*E. coli, enterococci*, total and fecal coliforms)
- Sedimentation in water column
- Sediment re-suspension (bathers, boat traffic, dredging, runoff, tides, etc.)
- Microbial load (fecal accidents, anal residue, diapered children)
- Bather numbers vs fecal coliform levels
- Cryptosporidium, Giardia, and microsporidian spores vs. fecal coliforms; lack of correlation
- A need for better water quality parameters
- Technology for quantitative assessment of viable waterborne Cryptosporidium, Giardia, and microsporidia

The Graczyk's Lab: Multiplexed Fluorescent In Situ Hybridization (FISH) for Cryptosporidium and Giardia



The Graczyk's Lab: Multiplexed Fluorescent In Situ Hybridization (FISH)

E. hellem Hester et al. (2000) *J Eukaryot Microbiol* **47:**299-308. Graczyk et al. (2007) *J Clin Microbiol* **45:**1255-60

E. hellem





E. intestinalis

E. cuniculi







Study Site Location



CHESAPEAKE BAY A Satellite View







- Gunpowder State Park-Hammerman Beach Area, Maryland, USA
 - Located on the Gunpowder River, Baltimore County
 - Offers swimming and water sports



How do they enter the water supply?

- Agricultural/urban runoff
- Wastewater treatment plant effluents
- Leaking septic systems
- Wildlife
- Domestic animals
- Fecal accidents
- Diapered children





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Methods

Summer 07; 11 consecutive weeks; 33 week samples, 27 weekend samples





- Bather counts (0-5 scale)
- Water parameters
 - Salinity
 - Conductivity
 - Dissolved oxygen
 - Temperature
 - Tides
 - Rainfall
- Water Turbidity
- Concentration of C. parvum, G. duodenalis, and microsporidian spores



Bather Score
0 = 0-1 bather
1 = 2-13 bathers
2 = 14-25 bathers
3 = 26-37 bathers
4 = 38-49 bathers
5 = 50+ bathers

Results - **Turbidity**

Turbidity (FAU) Box Plot by Weekday and Weekend





Two sample t-test Turbidity (W) v Turbidity (WE) p=0.0321 Mean (W)=39.60, Mean (WE)=53.56

Pearson Correlation: Turbidity significantly correlated with bather score; p=0.0000



Two sample t-test: Crypto (WE) v Crypto (W); p=0.0000 Giardia (WE) v Giardia (W); p=0.0000 Turbidity (WE) v Turbidity (W); p=0.0321

Wilcox signed rank test:

Bather (WE) v Bather (W); p=0.0001

Results-Cryptosporidium



Mean concentration week= 1.51oocysts/L

Mean concentration weekend= 13.67 oocysts/L

Results - Giardia



Mean concentration weekday= 0.64 cysts/L

Mean concentration weekend= 9.11 cysts/L



Results – Microsporidian spores

	Weekend samples n = 27	Weekday samples n = 33	P-value
Number and (%) of positive samples	16 (59)	10 (30)	0.03
Spore concentration (spores/L)	0 - 16 4.8 + 0.9	0 - 11 1.8 + 0.6	0.04
Bather density score	2 - 5 3.8 + 1.6	0 - 3 1.6 + 1.1	0.001
Water turbidity (NTU)	11 - 88 53.6 + 21.1	18 - 75 39.9 + 15.4	0.04
Rainfall (cm) Tide (m) Water salinity (ppt)	0 - 6.0 1.0 + 2.2 0.17 - 0.67 0.33 +0.18 0.2 - 2.1 0.9 + 0.8	0 - 1.8 0.2 + 0.5 0.16 - 0.46 0.29 + 0.12 0.3 - 2.0 0.7 + 0.6	NS NS NS
Water temperature (°C)	26.5 - 32.4 29.6 + 2.0	22.9 - 33.0 30 + 3.0	NS
Dissolved O ₂ (mg/L)	4.9 - 7.9 6.0 + 0.9	4.0 - 7.5 5.7 + 0.9	NS
Water conductivity (FS/m)	51 - 412 181 + 146	70 - 396 165 + 125	NS

Conclusions

- These enteropathogens are capable of causing waterborne outbreaks
- Public education should be improved
- Test waters when bather numbers are greatest
- Limit number of bathers per area





Conclusions (surface recreational waters)

- Inadequacy of standard water quality parameters
- Needs for new water quality parameters or direct testing for specific enteropathogens
- Two mechanisms for elevated fecal coliform levels (sediment resuspension, bather microbial load)
- Two mechanisms for elevated fecal levels of Cryptosporidium, Giardia, and human-virulent microsporidia (sediment re-suspension, bather microbial load)
- If this is the case, there should be correlation between fecal coliform counts and waterborne protozoa
- If this is the case, fecal coliforms are as good as direct water testing for waterborne protozoa
- If this is the case, no better water quality parameters are needed for surface recreational waters if the water is tested during weekends



Sunderland, D., T. K. Graczyk, L. Tamang, and P. N. Breysee. 2007. Impact of bathers on levels of *Cryptosporidium parvum* and *Giardia lamblia* cysts in recreational beach water. *Water Research*: **41**, (15); 3483-3489.

Graczyk, T. K., D. Sunderland, L. Tamang, T. M. Shields, F. E. Lucy, and P. N. Breysee. 2007. Quantitative evaluation of the impact of bathers on levels of human-virulent microsporidian spores in recreational water. *Applied Environmental Microbiology* **73**, (13): 4095-4099.





