DEVELOPMENT OF A COMPREHENSIVE RED BLOOD CELL ENZYMOPATHY LABORATORY IN THAILAND: THE STUDY OF NORMAL ACTIVITY IN EIGHT ERYTHROENZYMES IN THAIS

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Abstract. In order to provide a reference range for normal red blood cell enzyme activities in Thai, we analyzed data from 113 healthy non-anemic Thai people (55 males and 58 females) age 1-42 years, who all had a normal pattern of hemoglobin typing (HbA and HbA₂ less than 3.5%). Hematological analysis was performed using an automated cell counter and the hemoglobin studies were carried out by low pressure liquid chromatography. Owing to a high frequency of α-thalassemia in Thailand, cases with an MCV <75 fl were excluded from the study since these cases were likely to be heterozygotes for α₀-thalassemia. Cases with reticulocytes > 2.5% were excluded from the study since reticulocytes have a higher enzyme activity than mature erythrocytes. Cases with abnormal red blood cell morphology, such as spherocytes and ovalocytes, were also excluded. These criteria were applied to select “normal” controls for our analysis. We assayed eight red blood cell enzyme activities in normal subjects: glucose-6-phosphate dehydrogenase (G6PD), 6-phosphogluconate dehydrogenase (6PGD), pyruvate kinase (PK), hexokinase (HK), glucose phosphate isomerase (GPI), phosphofructokinase (PFK), aldolase (ALD) and phosphoglycerate kinase (PGK). The mean normal ranges (±SD) for G6PD, 6PGD, PK, HK, GPI, PFK, ALD and PGK were 12.7 (±2.2), 10.7 (±1.3), 18.5 (±4.0), 1.5 (±0.4), 80.5 (±11.8), 11.8 (±2.1), 4.5 (±1.6) and 370 (±43) IU/gHb, respectively. Age-dependent differences for the reference values for these enzyme activities were summarized. All red blood cell enzyme activities were highest during the early childhood period and slightly lower in the adult period. These values will be of clinically useful for future reference.