CASE REPORT

GROWTH RETARDATION DUE TO PANHYPOPITUITARISM AND CENTRAL DIABETES INSIPIDUS FOLLOWING RUSSELL’S VIPER BITE

Vishal Golay, Arpita Roychowdhary, Rajendra Pandey, Amit Pasari, Malvade Praveen, Puneet Arora and Dipankar Sarkar

Department of Nephrology, Institute of Postgraduate Medical Education and Research, Kolkata, West Bengal, India

Abstract. Russell’s viper envenomation and its related complications, especially acute kidney injury, is an important cause of morbidity and mortality in tropical developing countries of South Asia. Unusual complications, especially hypopituitarism, are rare and probably missed due to lack of clinical suspicion and diagnostic facilities. We report a rare presentation of growth retardation resulting from hypopituitarism due to Russell’s viper envenomation along with central diabetes insipidus. Awareness of the fact that hypopituitarism may occur in this clinical setting is necessary for early diagnosis and treatment, especially among general care practitioners taking care of these patients.

Keywords: diabetes insipidus, empty sella syndrome, growth retardation, hypopituitarism, Russell’s viper bite