# Point of Care Tests for Diagnosis of Dengue Infection

Bangkok, Thailand November - December, 2007

Milton R. Tam, Ph.D.
Diagnostics Consultant
Pediatric Dengue Vaccine Initiative

#### **Definition - Point of Care Test**

- "An analytical test undertaken by a member of the health care team or by a non-medical individual in a setting distinct from a normal hospital laboratory." R. Cramb – Royal Coll. Pathologists
  - Simple and rapid tests
  - Small hand-held analyzers
  - Larger desktop or portable analyzers

## Diagnostic testing trends - the haves vs. the have-nots

- Resource-rich
  - Developed countries
  - Remote testing
  - In central hospital or commercial labs
  - Centralized, automated equipment
  - High-volume, complex test methods
  - Near-patient (POC) testing with simple or sophisticated devices

- Resource-limited
  - Developing countries
  - Near-patient (POC), rapid testing
  - In health clinics with no or limited lab
  - Decentralized,
     manual, few supplies
     and simple equipment
  - Low-volume, simple tests
  - Replaces syndromic diagnosis

#### **POC Test Applications**

<u>Purpose</u>

**Condition** 

Urgent treatment
Starting treatment
Containment
Failure to return

Life-threatening illness
At-risk patients
Undefined outbreaks
Patients lost to follow-up

# Why POC testing? "The diagnostic paradox"

- Example 1: RT-PCR (~1 2 weeks)
  - Obtain sample → ship to lab → refrigerate → batch + run test → get result → send result back to physician → notify patient → patient returns to clinic → treat. Test sensitivity 90% x Patient return 70% = 63% treated
- Example 2: Rapid POC test (~1 hour)
  - Obtain sample → test on-site → get result in <1 hr → treat. Test sensitivity 70% x Patient return 100% = 70% treated</p>

# "ASSURED" – Characteristics of ideal Dx tests for the developing world

- Affordable by those at risk of infection
- Sensitive (few false negatives)
- Specific (few false positives)
- User-friendly (simple to perform)
- Rapid treatment/Robust
- Equipment-free (no large instruments)
- Delivered, available to those who need it

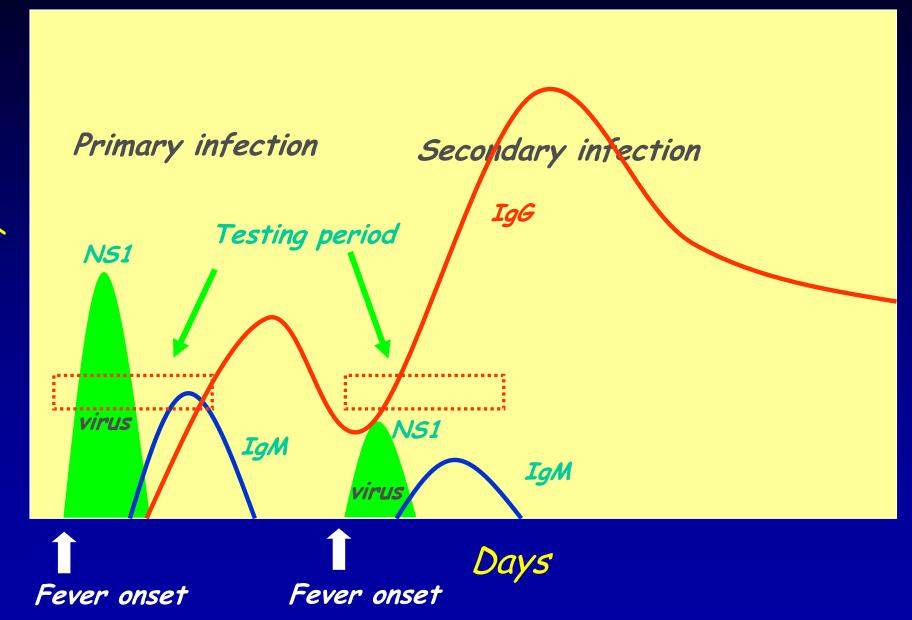
#### Ideal POC tests are:

- Rapid, replace waiting for lab results
- Validated in clinical trials
- Demonstrated to improve clinical outcome
  - Accurate, differential diagnosis
  - Rapid, appropriate treatment immediate
- Cost-effective in treating patients
- Used by wide range of trained personnel
- Part of a total quality system

# Test needs for Dengue vaccine and control programs

- Accurate, simple, rapid tests at POC
- Early detection of primary infection
- Distinguish primary vs. secondary infection
- Determine subtypes 1 4
- Test for protective antibodies
- Prediction of long-term "immune memory" to immunization

#### "Typical" Dengue infection course



# Opportunities to detect primary Dengue infection

- Early detection viral antigen or RNA
- Serology IgM antibody >5 days or 4-fold rise in titer
- Culture Virus isolation

## Our current Dengue diagnostic "toolbox"

Virus isolation

- Technically complex reference laboratory-based
- RT- PCR or NASBA
- Plaque reduction neutralization
- Hemagglutination inhibition
- IgM, IgG, NS1 ELISA
- Simple/rapid IgM, IgG tests
  - particle agglutination
  - solid-phase "dipsticks"
  - lateral flow tests

Relatively simple, clinical laboratory-based and/or potentially point-of-care

## All current methods have deficiencies for use at POC

Culture PRN/HI NAAT ELISA Rapid

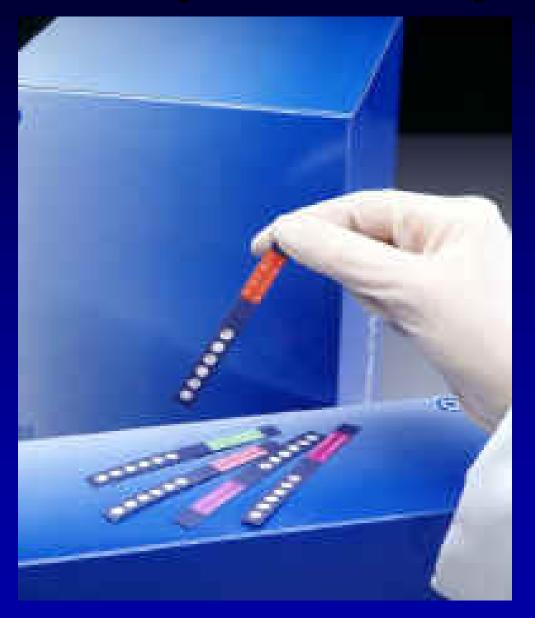
**A** +/-**S** +/-**S** +/-? R - E

(Affordable, Sensitive, Specific, User-friendly, Rapid/robust, Equipment-free, Delivered)

# Some Rapid Point-of-Care Tests

**Early results were promising!** 

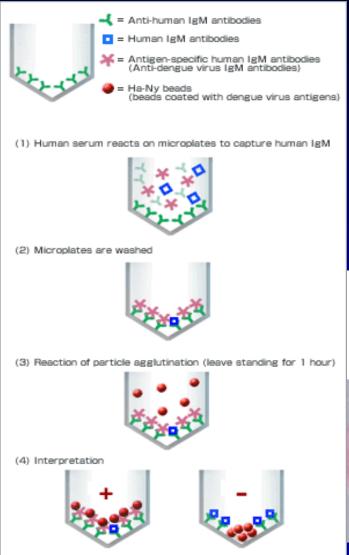
### Solid-phase "dipsticks"



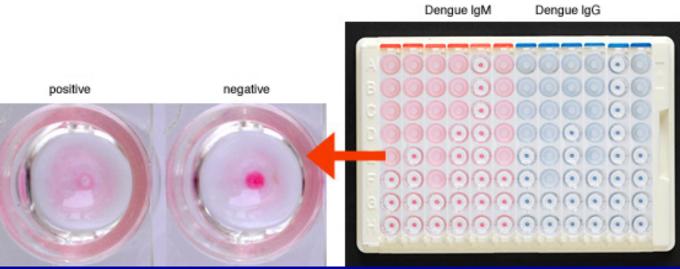
ELISA on a stick Multi-step Multi-analyte

PanBio (Orgenics also)

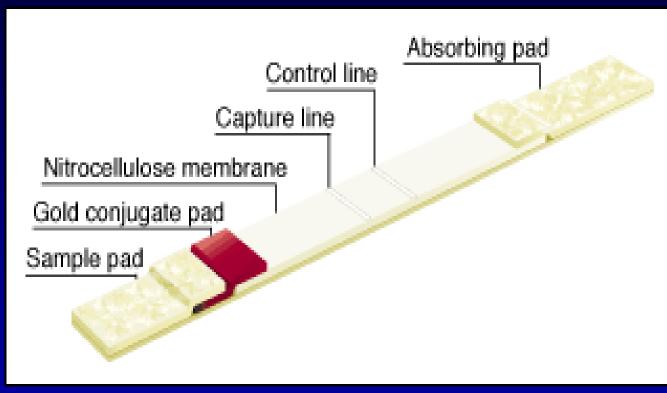
#### Pentax particle agglutination test



- Simple methodology
- Colored hydoxyapatite beads
- Microwell Agglutination test
- Test takes ~60 minutes



# Lateral flow (LF) test (immunochromatographic strips)

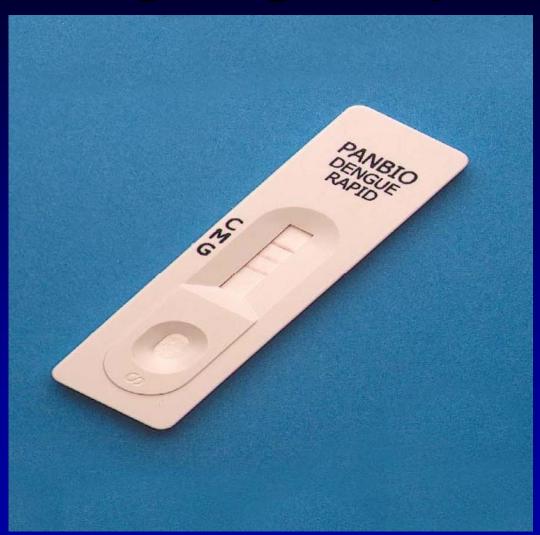


**IVD News** 

- Simple, "Walk-away" test
- IgM and/or IgG
- Results in 5 10 minutes
- Initial results were promising

**PATH** 

### PanBio IgM/IgG rapid LF test



From PanBio's web site

Primary and secondary infections may be recognized by interpretation of results.

# But sensitivity and/or specificity can be suboptimal

For example, sensitivity limits of HBsAg tests:

-ELISA 0.1 - 0.2 ng/ml

-Rapid LF test 1-2 ng/ml

 Antigens or antibodies may not be dengue-specific and/or nonspecific or lowaffinity antibody can lower specificity

## Comparative evaluation of commercial rapid IgM LF tests

- Blacksell et al., 2006, Lab evaluation
- Blacksell et al., 2007, Prospective evaluation in Laos
- PDVI-WHO/TDR Dengue serum panel

### Rapid IgM LF tests fall short of manufacturers' claims

<u>Sensitivity</u>	<b>Specificity</b>
22.9	98.8
17.8	98.2
62.9	69.1
8.6	100
65.3	97.6
21.8	98.8
9.5	97.0
2.9	96.3
	22.9 17.8 62.9 8.6 65.3 21.8 9.5

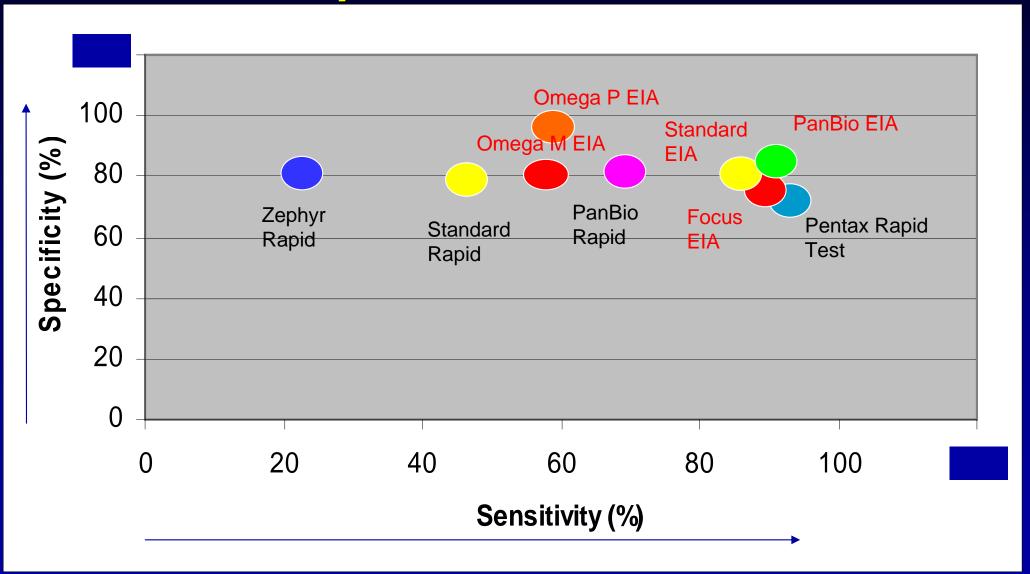
S. Blacksell et al, 2006. Laboratory evaluation of 491 positive, 491 negative sera

### Rapid IgM LF tests fall short of manufacturers' claims

<u>Sensitivity</u>	<b>Specificity</b>
13.0	98.8
5.8	98.8
33.3	74.4
8.6	93.9
21.7	96.3
10.2	96.3
17.4	97.0
6.4	99.4
	13.0 5.8 33.3 8.6 21.7 10.2 17.4

S. Blacksell et al, 2007. 151 positive, 151 negative specimens From prospective study in Laos

### WHO/TDR – PVDI Dengue IgM ELISA and rapid test evaluation



#### Rapid Dengue IgM LF tests

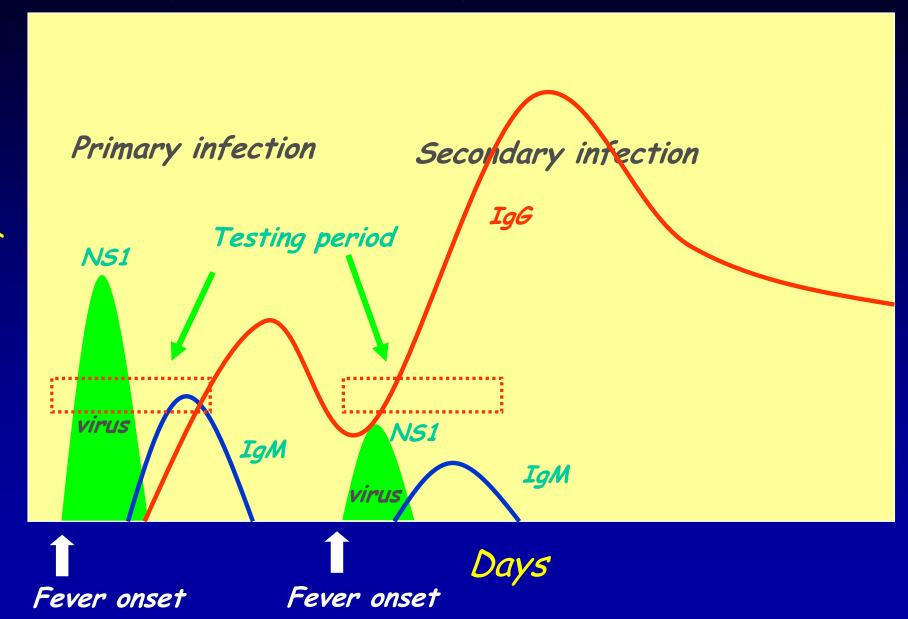
- Many commercial tests available
- All tested fell short of manufacturers' claims
- All need higher sensitivity
- Sensitivity lower during "window" period of infection
- Specificity could be better?
- Not useful for secondary infections

## Why do Dengue IgM LF tests fall short of claims?

- No IVD regulation in majority of developing countries
- No manufacturing and QC standards
- Stability of many tests uncertain
- Clinical evaluation, data processing standards lacking
- Few validations of manufacturers' claims
- Reference serum panels lacking

# **NS1 Antigen Detection – Earlier Diagnosis of Primary Infection?**

#### "Typical" dengue infection



#### Dengue NS1 Tests

- Detection of NS1 antigen in "window" period
- Can be positive when IgM or NAAT are negative
- Commercial ELISA include:
  - Platelia (BioRad), pan-E Dengue Early ELISA (PanBio)
- Rapid NS1 LF test in development
  - Publications?
  - Sensitivity, specificity?
- Serotype-specific anti-NS1 antibody test?

### Improvements to Current POCT

- Sample preparation whole blood, dried blood spots (?), oral fluids (?), immune complexes (?)
- Sensitivity higher affinity antibodies, new Mabs, aptamers, mimitopes, multi-antigenic recombinant antigens
- Specificity neutralize cross-reactive Abs, use more specific antibodies, antigens
- Materials Higher quality, consistency

### Improvements to Current POCT

- Manufacturing better protocols, QA/QC, packaging, stability, consistency
- Better signal reagents fluorescent beads, paramagnetic beads, LF-EIA
- Hand-held readers small, batterypowered devices, allow quantitative readout
- Detection of PCR products by LF
- Combination tests IgM + NS1

### POC tests in development

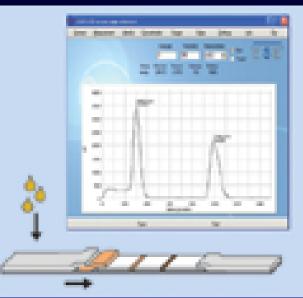
### Improving Lateral Flow Tests



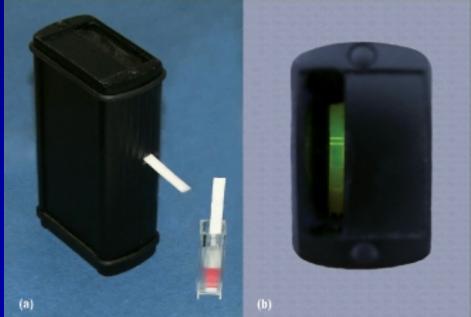
- -Higher sensitivity and specificity
- -Individual tests for serotypes 1-4?
- -Tests for other flaviviruses?
- -Tests for neutrallzing or protective antibody?
- -semi-quantitative assays

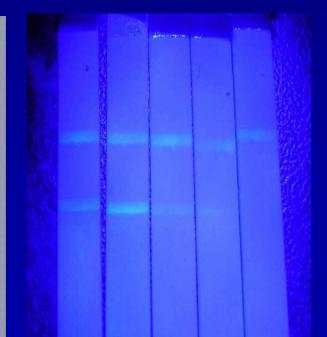
### **Improving Lateral Flow Tests**



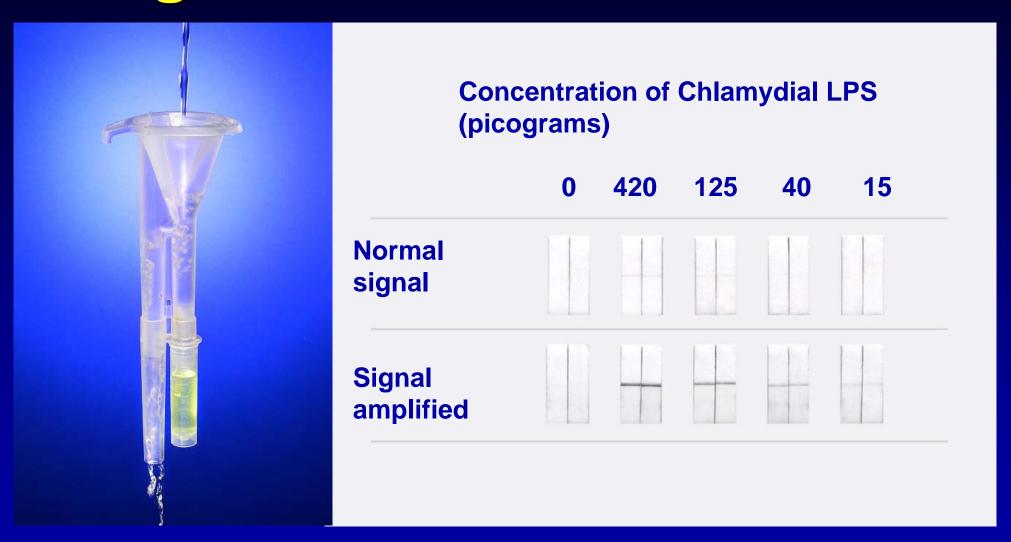








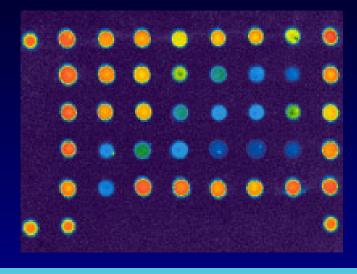
#### Diagnostics for the Real World



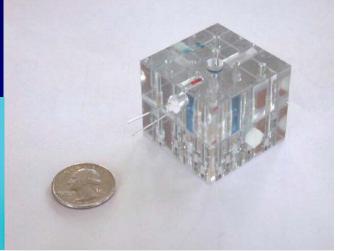
Improved antigen concentration device and "enhanced" lateral flow Test for Chlamydia – Helen Lee, Cambridge University

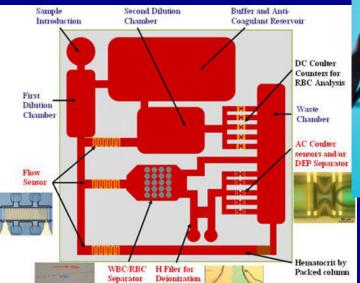
#### **Biosensor tests?**





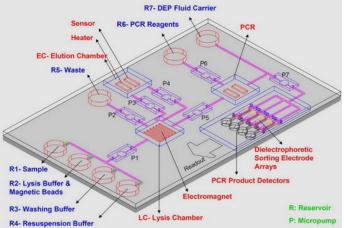








Many versions currently In development



#### What biosensors can do:

- Integrate specimen processing, assay, readout steps
- Bring NAAT and immunoassays to the POC
- Reduce sample and reagent volumes, and costs
- Reduce risk of contamination
- Contain waste on disposable card
- Reduce assay time

#### PATH's "Lab on a Chip" Platform

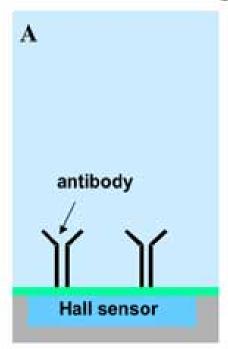


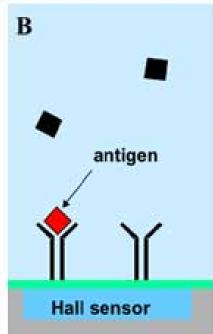


BMGF project with UW, PATH, Micronics on Fevers Panel including dengue. From B. Weigl, PATH

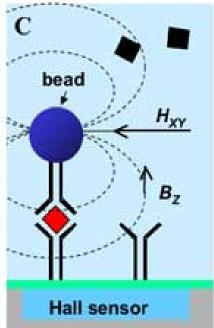
#### **UC Berkeley Magnetic Bead Sensor**

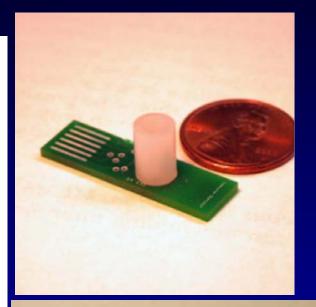
#### Magnetic Detection



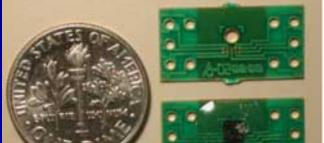


The magnetic bead acts as highly specific bio/electro interface





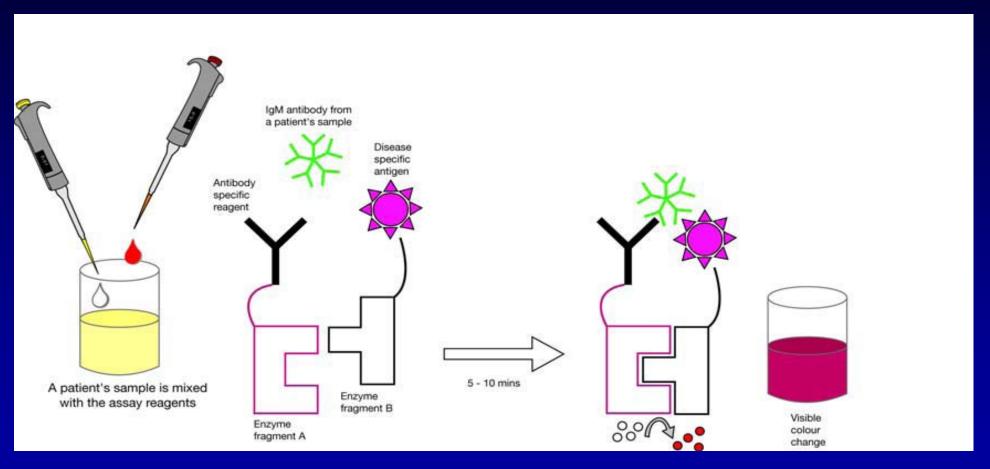




- Hall sensor detects only immobilized beads
- · The other beads are collected by the magnet

### Homogeneous Assays

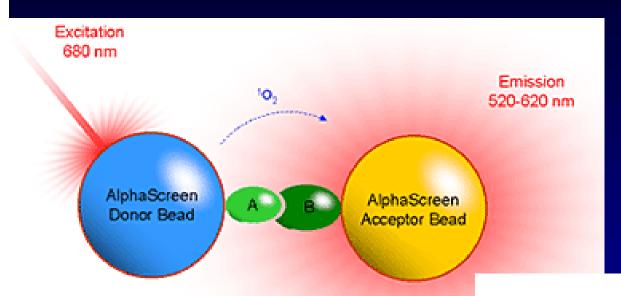
A paradigm shift for POCT?



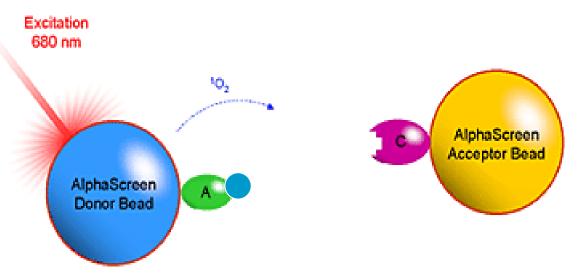
From Hazell, 2006

Kinetic assay. Colored product develops from colorless enzyme substrate.

### Perkin Elmer AlphaScreen



Other examples with Reflected light off colloidal Gold particles



## Conclusion - No optimal POC test for dengue primary infection exists right now

#### Shorter term

- Improve IgM rapid test sensitivity, specificity
- Develop, validate NS1 rapid tests
- Combine improved IgM + NS1 tests?

## Conclusion - No optimal POC test for dengue primary infection exists right now

#### Longer term

- Develop POC and lab-based tests for neutralizing antibody, vaccine vs. wild type immunity, subtyping, secondary infection, and DSS/DHF
- Monitor, promote development of biosensors and new technologies such as homogeneous assays

#### What we need to do

- Continue to work with government labs, NGOs, and academia
- Engage and support industry:
  - Develop/sustain collaborations
  - -Provide reagents, specimen panels
  - Assist product development

#### What we need to do

- Engage and support industry (continued):
  - IP assistance: patents and licensing
  - Continue to provide comparative lab and field evaluations
  - Promote end-user acceptance
  - Identify and/or create markets

#### **Questions / Discussion**