

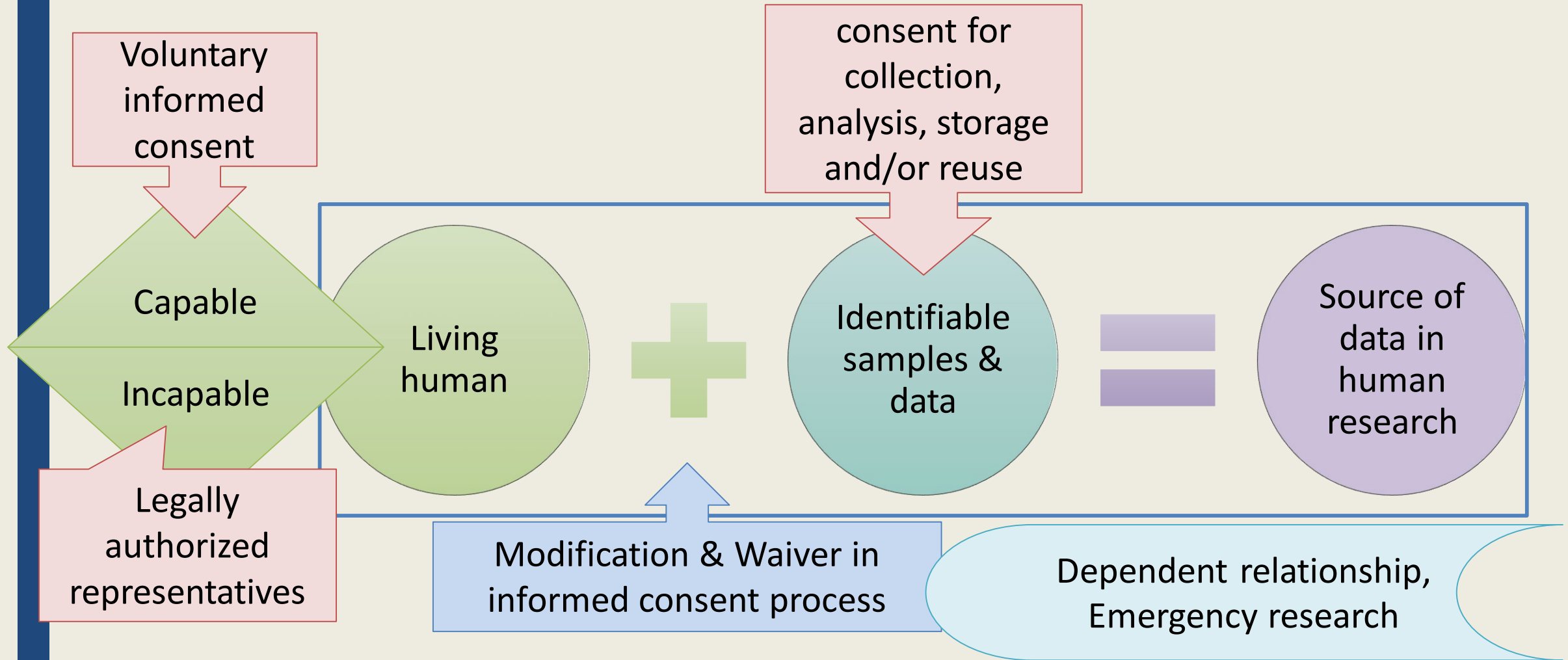
GUIDELINE 11: COLLECTION, STORAGE AND  
USE OF *BIOLOGICAL MATERIALS AND RELATED  
DATA*

GUIDELINE 12: COLLECTION, STORAGE AND USE  
OF *DATA IN HEALTH-RELATED* RESEARCH

Council for International Organizations of  
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# Human research & informed consent process

## Declaration of Helsinki



# Human biological materials may include:

Biobank = the collection of stored biological materials and associated data

- large population biobanks and
- small bio-repositories of bio-specimens in laboratories.



tissues, organs, blood, plasma, serum, DNA, RNA, proteins, cells, skin, hair, nail clippings, urine, saliva, or other bodily fluids.

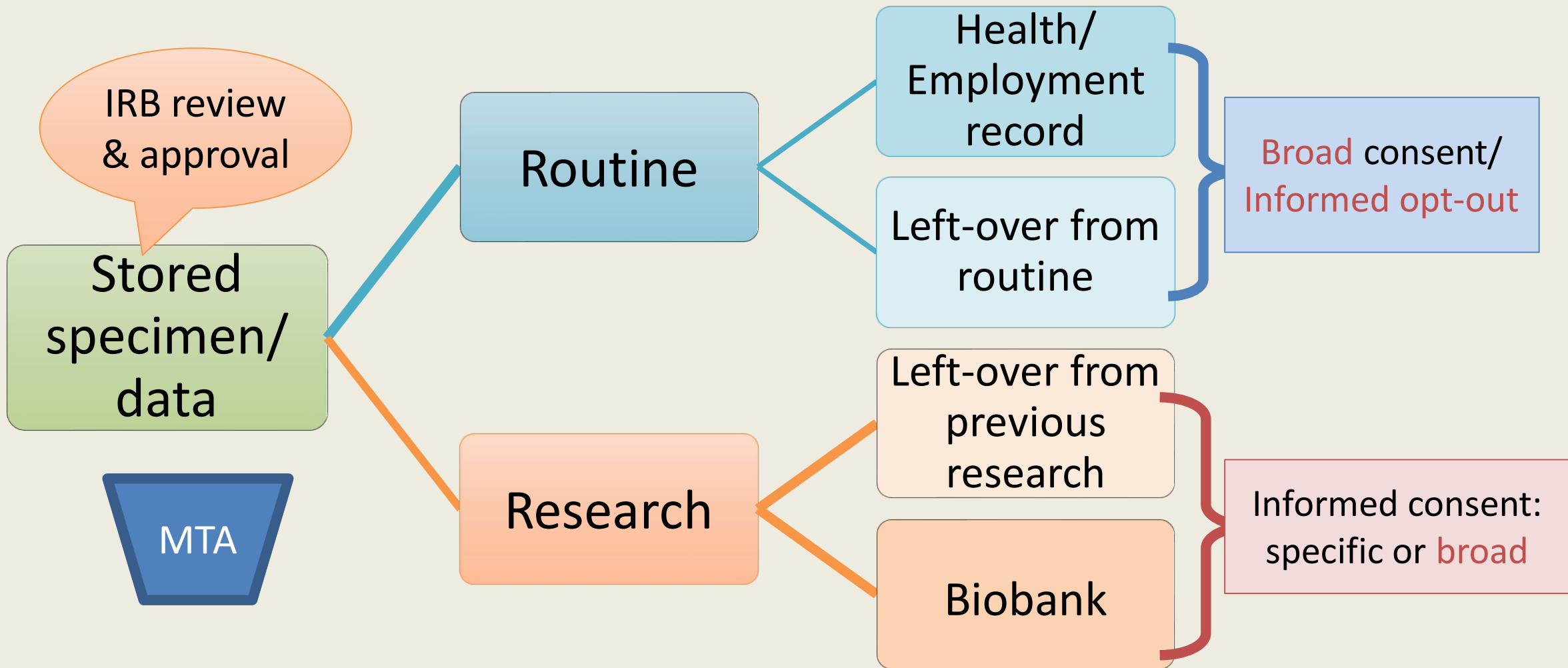
- mostly come from patients following diagnostic or therapeutic procedures,
- **autopsy** specimens,
- donations of organs or tissue from living or **dead humans**, or
- bodily **wastes or abandoned tissue**.

Medieval Latin phrase meaning "having changed what needs to be changed" or "once the necessary changes have been made"

This *mutatis mutandis* should also apply where the research uses samples and data from deceased individuals.

# Guideline 11: Collection, storage and use of biological materials and related data

- When biological materials and related data, such as **health or employment records**, are collected and stored, institutions must have a *governance system to obtain authorization for future use* of these materials in research.
- When specimens are collected **for research purposes**, either **specific informed consent for a particular use** or **broad informed consent** for unspecified future use must be obtained 
- When human biological materials are **left over after clinical diagnosis** or treatment (so-called “residual tissue”) and are **stored for future research**, a **specific or broad informed consent** may be used or may be substituted by an **informed opt-out procedure**. 



# Stored left over biospecimen after clinical diagnosis or treatment (so-called residual tissue) for future research

Consent

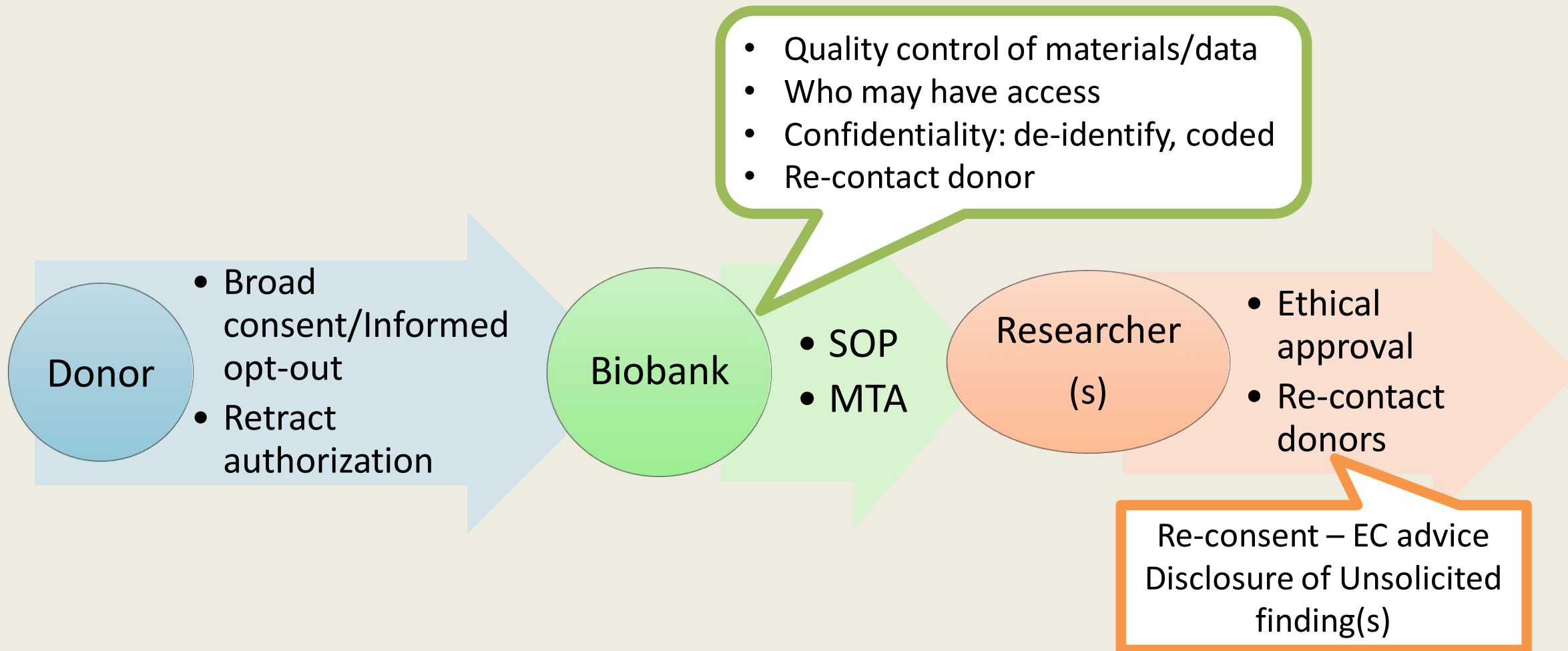
An informed opt-out procedure

## Broad consent

- the range of future uses
- the conditions and duration of storage;
- who will manage access to the materials;
- the foreseeable uses of the materials,
- the intended goal of such use, whether only for research, basic or applied, or also for commercial purposes,
- the possibility of unsolicited findings and how they will be dealt with.

- **An informed opt-out procedure** = the material is **stored and used** for research **unless** the person from whom it originates explicitly objects
- The informed opt-out procedure has to fulfill the following conditions:
  - 1) patients need to be aware of its existence;
  - 2) sufficient information needs to be provided;
  - 3) patients need to be told that they can **withdraw** their data; and
  - 4) a **genuine possibility to object** has to be offered.

# Biobank governance structure



# Research ethics committees and biobanks

The protocol for every study using stored human biological materials and related data must be submitted to a research ethics committee,

- ensure that the proposed use of the materials falls within the **scope** specifically **agreed** to by the donor – **broad informed consent for future research**.
- If the proposed use **falls outside** the authorized scope of research → **re-consent**
- **IRB** may **waive** the requirement of individual informed consent for research with historical materials – the 3 conditions were met

1. the research would not be feasible or practicable to carry out without the waiver;
2. the research has important social value; and
3. the research poses no more than minimal risks to participants or to the group to which the participant belongs.



# Return of results and disclosure of (un)solicited findings

- **Tiered consent**, meaning the possibility of obtaining packages or subsets of information, **gives donors a range of choices and allows them to choose** some options to give them greater control over the use of their biological materials.
- the **3 guiding principles for return of results** need to be followed:
  1. *results must have analytical validity,*
  2. *clinical significance and*
  3. *actionability to qualify for being returned:*
- life-saving information and data of immediate clinical utility involving a significant health problem must be offered for disclosure,
- information of uncertain scientific validity or clinical significance would not qualify for communication to the participant.

# Guideline 11: Collection, storage and use of biological materials and related data

- The transfer of biological materials must be covered by a **Material Transfer Agreement (MTA)**.
- Biological materials and related data should only be collected and stored in collaboration with local health authorities.
- The governance structure of such collection should have representation of the original setting.
- If the specimen and data are stored **outside the original setting**, there should be provisions to **return all materials** to that setting and **share possible results and benefits**.

# Material Transfer Agreement

- Ensure that the biological materials are documented in such a way that they can be retrieved.
  - *The range and duration of use and*
  - *What needs to happen at the end of the period of use*
  - *All responsibilities concerning these elements*
- An MTA is also needed in multinational research projects in which one entity collects samples from persons in all participating countries and stores them in a single biobank.

