

# **UNCOVERING CIRCULATING FACTORS LINKING PREDIABETES TO DIABETES**

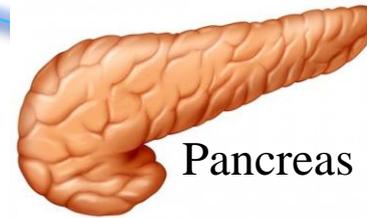
**Ying Liu PhD**  
**Mar.07/2017**

# DIABETES MELLITUS: A MULTI-ORGAN DISEASE

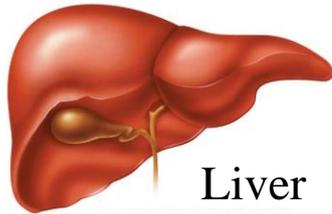
Initiation Stage



Brain

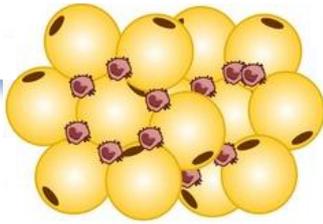


Pancreas



Liver

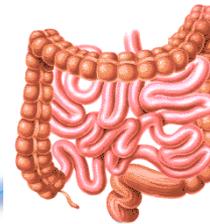
Disrupted Metabolic Homeostasis



Adipose Tissue

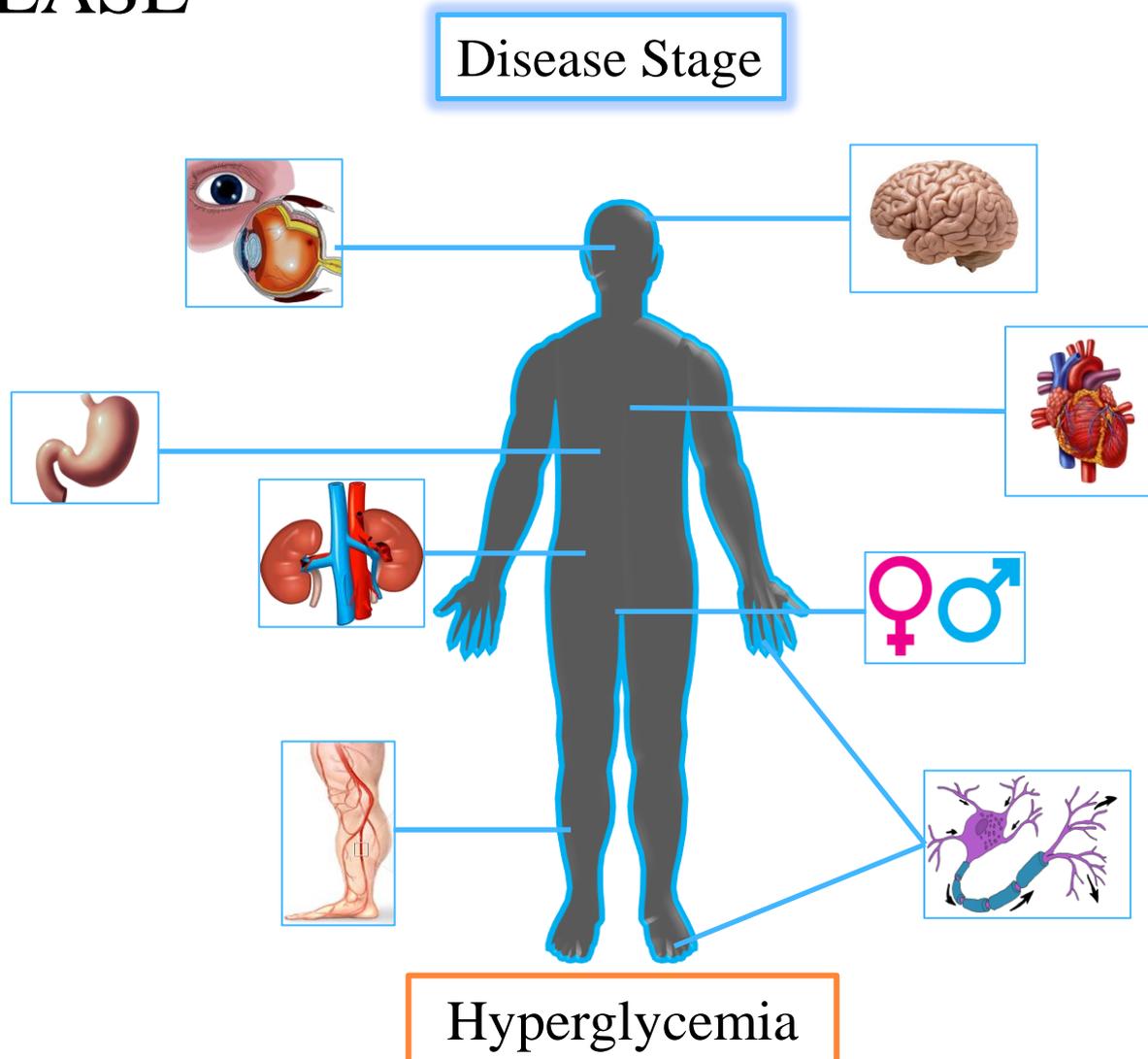


Skeletal Muscle



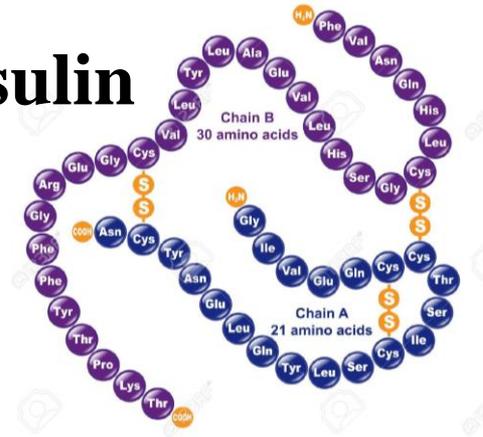
Gut

# DIABETES MELLITUS: A MULTI-ORGAN DISEASE

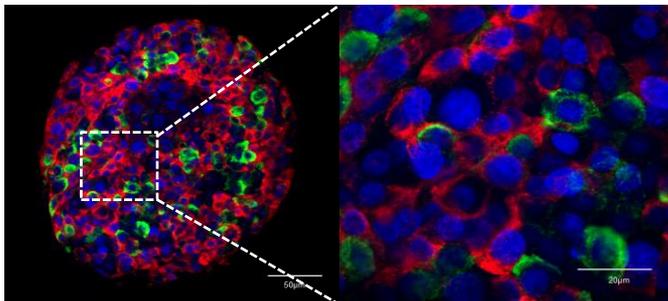


# DIABETES MELLITUS

## Insulin

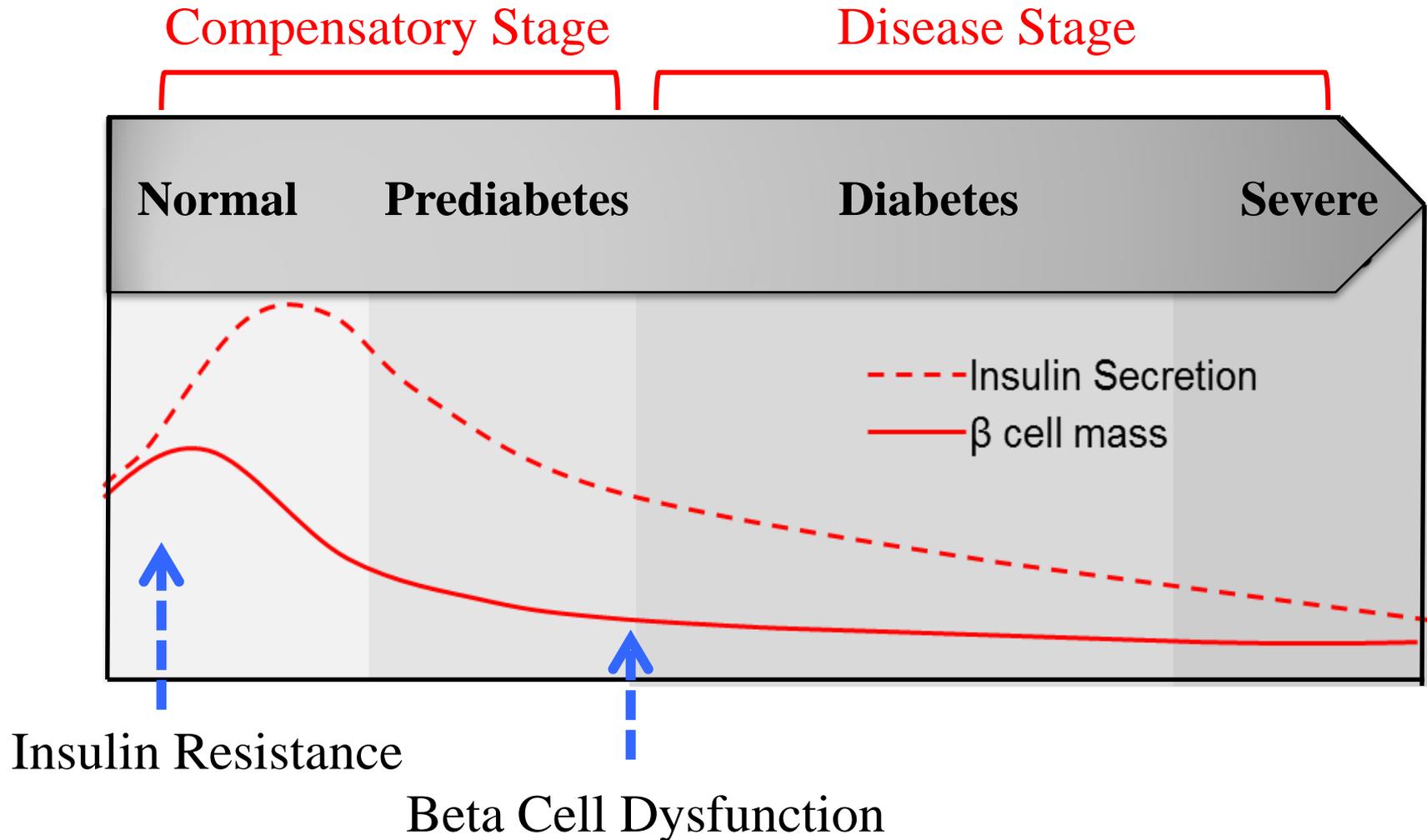


- Type 1 Diabetes: beta cell destruction
- Type 2 Diabetes: beta cell failure in response to peripheral metabolic demands
- Gestational Diabetes: Insufficient beta cell function in pregnancy

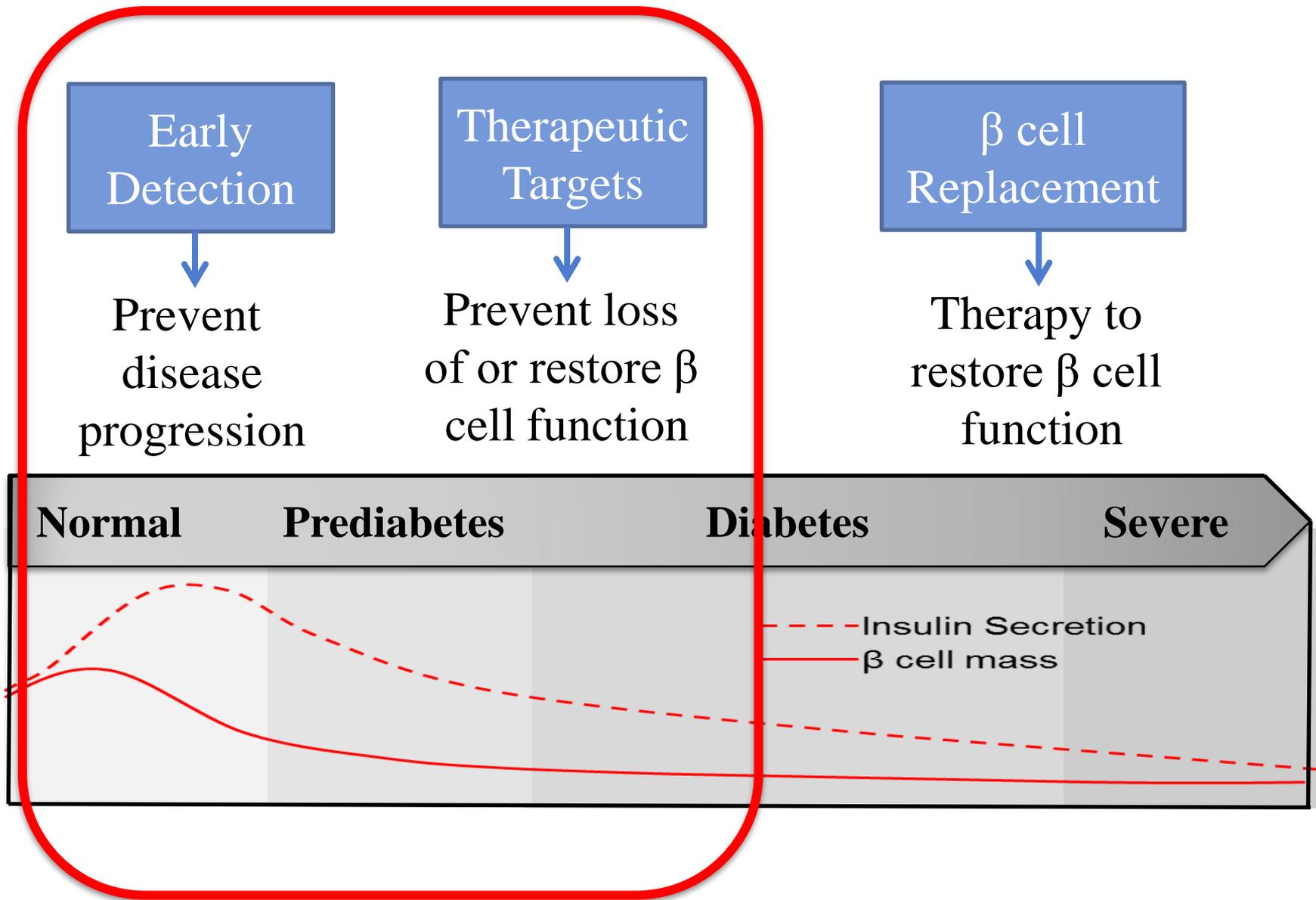


Red: Insulin ( $\beta$  cells)  
Green: Glucagon ( $\alpha$  cells)  
Blue: Nucleus

# DIABETES MELLITUS: A PROGRESSIVE DISEASE



# WHAT CAN WE DO???



# WHAT CAN WE DO???

Early  
Detection

Therapeutic  
Targets



## **1. DISCOVER**

Discover novel metabolites which cause  $\beta$  cell failure

## **2. PREDICT & DETECT**

Establish novel and sensitive biomarkers to predict and detect Diabetes

# DISCOVER NOVEL METABOLITE

## Cohort 1

GDM: Toronto/Canada  
BMI, Age, Race Matched

3<sup>rd</sup> trimester

### *One Step Diagnosis*

NGT: 24  
75g OGTT:

- GDM: 24
- fasting > 5.1 mmol/L
  - 1hr > 10.0 mmol/L
  - 2hr > 8.5 mmol/L

**Newly Diagnosed Diabetes, No Drug Intervention**

## Cohort 2

T2D: Shanghai/China  
BMI, Age, Sex Matched

Prospective Cohort  
(2007,2008 → 2011,2012)

### *Pre-diabetes Diagnosis*

- Normal: 50  
Pre-diabetes: 75  
Diabetes: 71
- fasting: 5.6-6.9 mmol/L or  
75g OGTT 2hr: 7.8-11  
mmol/L

### *Diabetes Diagnosis*

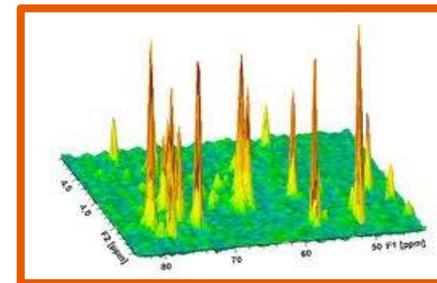
- Fasting  $\geq$  7.0 mmol/L or

mmol/L

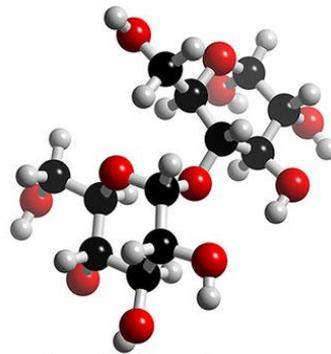
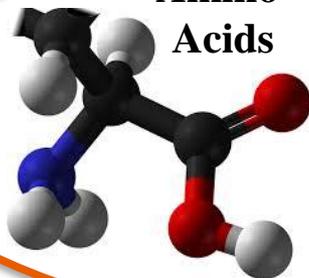
# DISCOVER NOVEL METABOLITE

Metabolomics: Advancing Technology for Biological Discovery

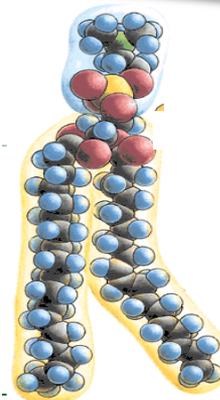
**Blood Sample**



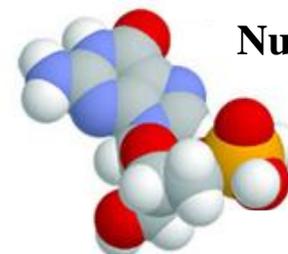
**Amino Acids**



**Carbohydrate**



**Lipids**



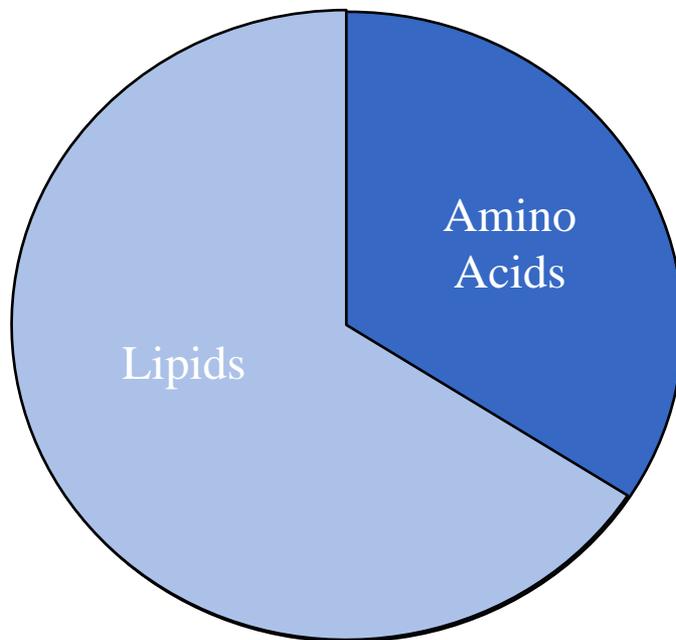
**Nucleotides**

# DISCOVER NOVEL METABOLITE

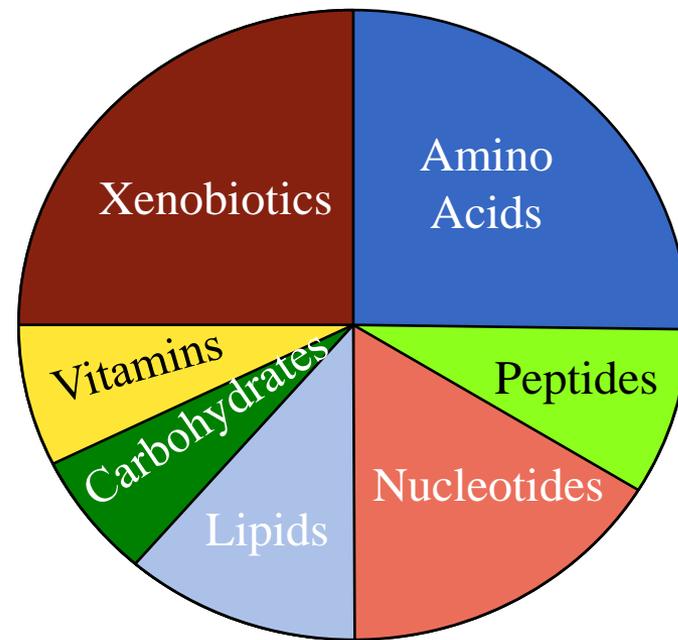
Cohort 1: Toronto – GDM & Cohort 2: Shanghai – T2D

342 metabolites

*Up-regulation*



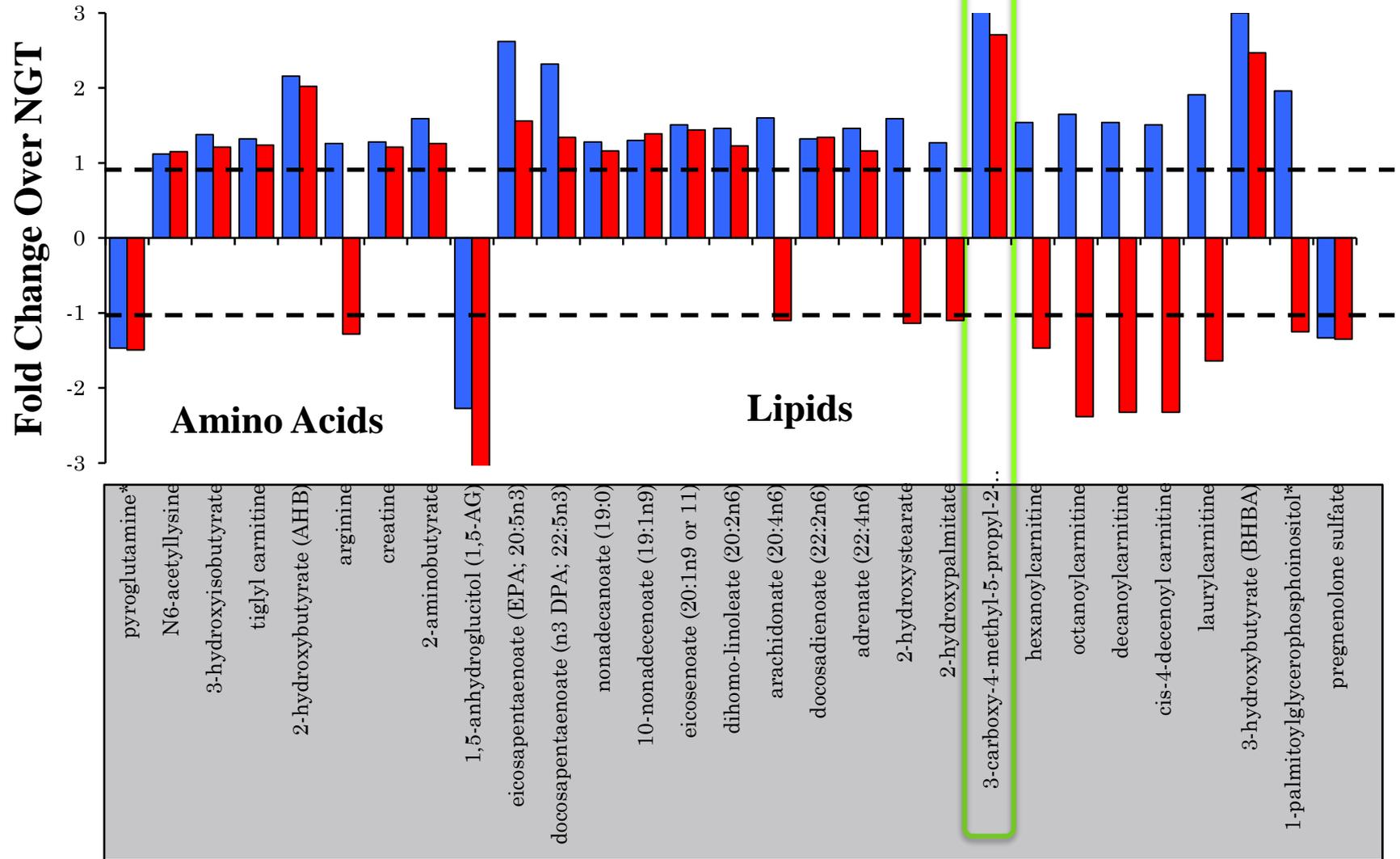
*Down-regulation*



# DISCOVER NOVEL METABOLITE

■ **Cohort 1: Toronto - GDM**

■ **Cohort 2: Shanghai – T2D**



# WHAT IS CMPF? FURAN FATTY ACID METABOLITE 3-CARBOXY-4-METHYL-5-PROPYL-2-FURANPROPANOIC ACID

Occurrence of Furan FA in Different Organs and Blood of Lipid Fractions in Animals<sup>a</sup>

Organism	Organ/blood	PL	CLE	TG	References
Fish	Liver	—	++++	++	26,28–34
Fish	Testes	++	++	++++	23,26,28–34
Fish	Ovaries	—	++++	—	35
Fish	Sperm	—	—	—	35
Fish	Egg	—	—	—	35
Fish	Roe	++	+	—	31
Fish	Muscle	+	++++	—	26,33,34
Fish	Blood	—	++++	—	26
Crayfish	Hepatopancreas	+	+++	+	39,40
Crayfish	Muscle	+++	+	—	41
Sponges		—	++	—	42
Beef	Liver	—	+	+	53
Beef	Blood	+++	+	+	53
Humans	Blood	++	+	+	54–56
Plants	Grasses, dandelion, olive				48–50,52
Plants	Cell culture	+++	+	+	50
Algae					46,47

<sup>a</sup>PL, phospholipid, CLE, cholesterol ester. The symbols +, ++, +++, and ++++ indicate relative abundances of furan FA (F-acids) in the different species. PL containing F-acids readily undergo oxidative decomposition during chromatographic separation on silica gel columns. Therefore, the absence of F-acids in the PL fraction may be due to complete decomposition (31).

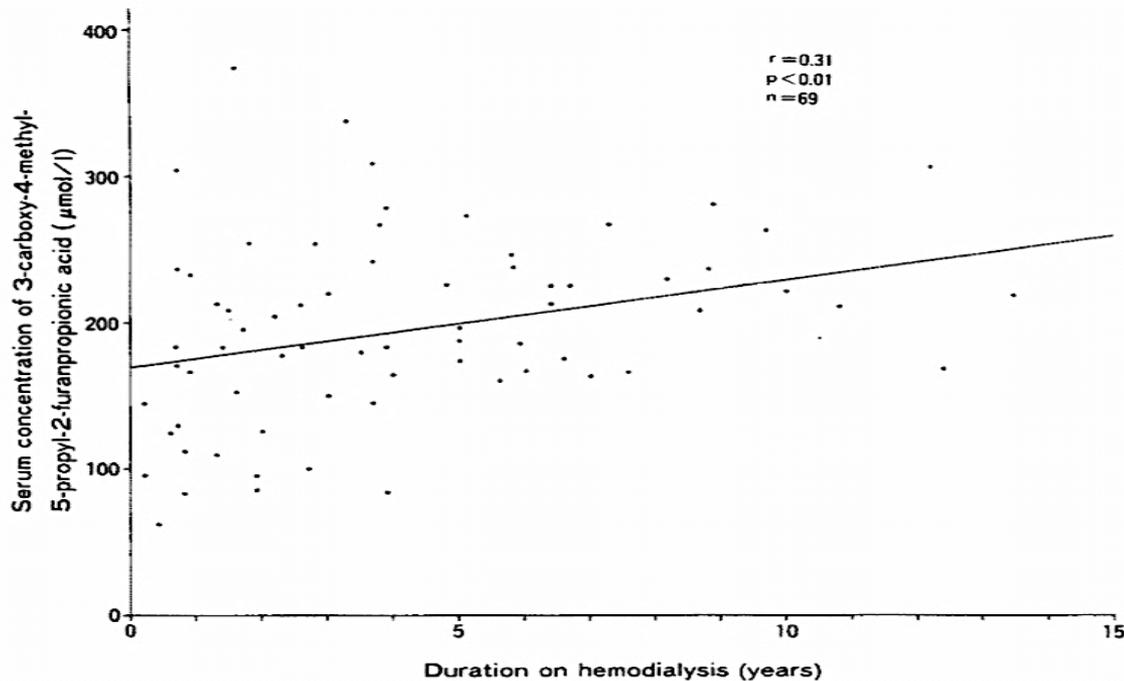
# CMPF IN UREMIC PATIENTS

*Clinica Chimica Acta*, 173 (1988) 127-138

Elsevier

## Accumulation of furancarboxylic acids in uremic serum as inhibitors of drug binding

Toshimitsu Niwa <sup>a</sup>, Naohito Takeda <sup>b</sup>, Kenji Maeda <sup>a</sup>, Masao Shibata and Akira Tatematsu <sup>b</sup>



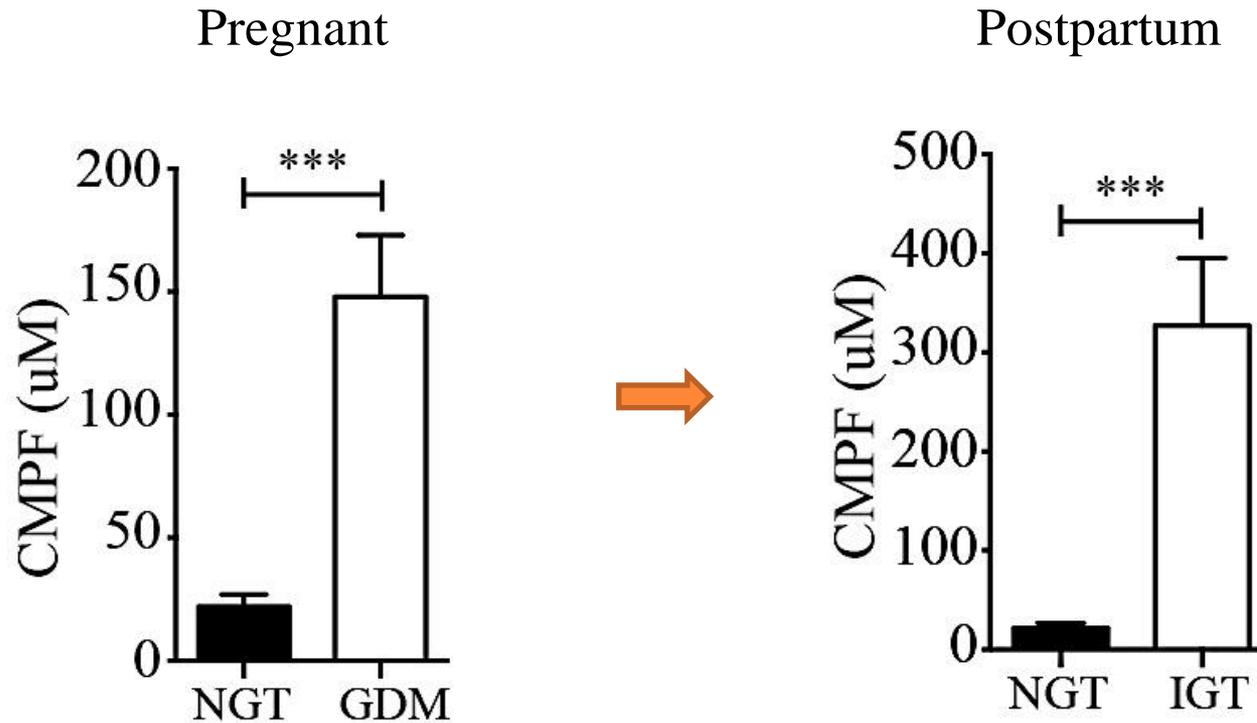
Uremia Patients  
↕  
Impaired  
Insulin Secretion

CMPF ↔ Diabetes

Fig. 4. Correlation between serum level of 3-carboxy-4-methyl-5-propyl-2-furanpropionic acid and duration on hemodialysis.

# DISCOVER NOVEL METABOLITE

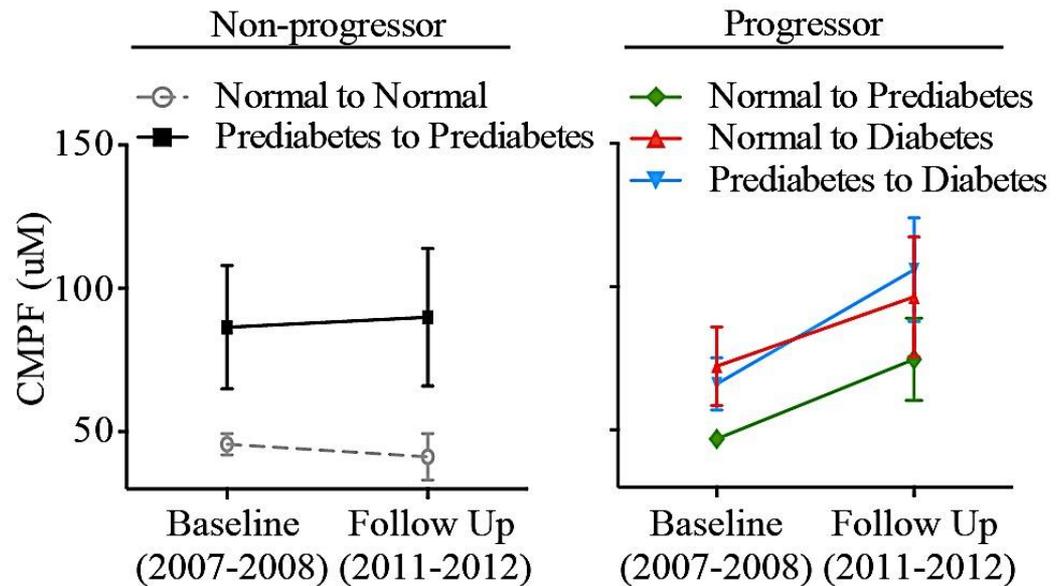
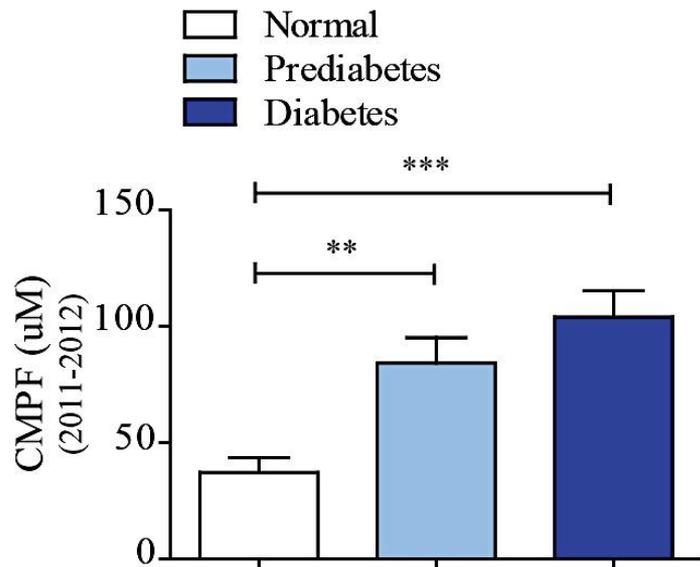
## Cohort 1: Toronto - GDM



# DISCOVER NOVEL METABOLITE

## Cohort 2: Shanghai – T2D

Prospective Cohort  
(2007,2008 → 2011,2012)



# DISCOVER NOVEL METABOLITE

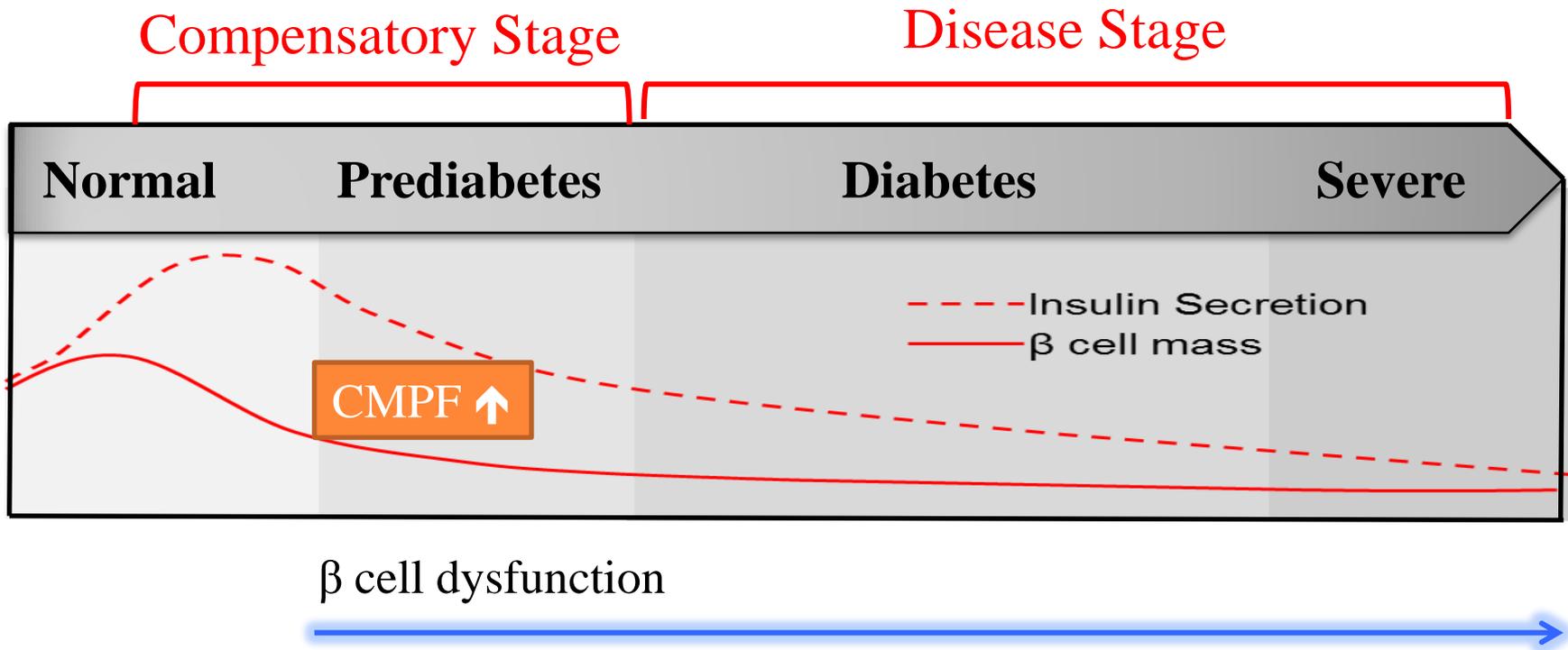
## Cohort 2: Shanghai – T2D

Relation between the change in CMPF levels and the risk of future diabetes development, with adjustment for Age, Sex, BMI and estimated glomerular filtration rate

Change in CMPF levels during 4-5 years follow up period	Development of diabetes compared to the maintenance of a non-diabetic state	
	Likelihood Ratio	P-value
1 <sup>st</sup> quartile	Base line	-----
2 <sup>nd</sup> quartile	1.74	0.188
3 <sup>rd</sup> quartile	5.41	<b>0.02</b>
4 <sup>th</sup> quartile	7.35	<b>0.00669</b>
Continuous	9.57	<b>0.00198</b>

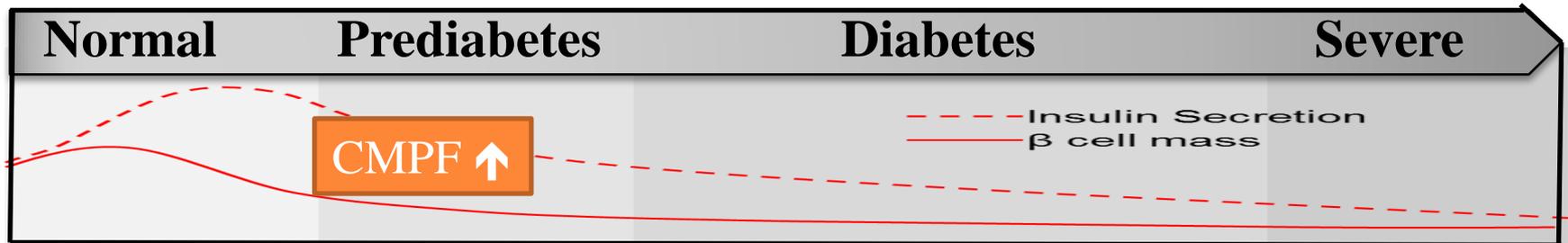
**A large elevation in circulating CMPF concentrations is associated with increased risk of diabetes development**

# DIABETES MELLITUS: A PROGRESSIVE DISEASE



**What role does CMPF play during the progression of diabetes?**

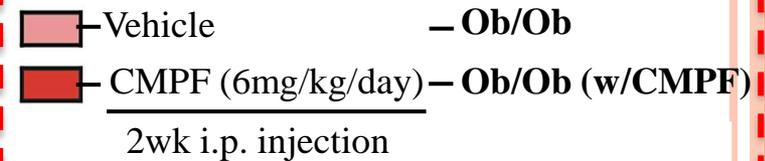
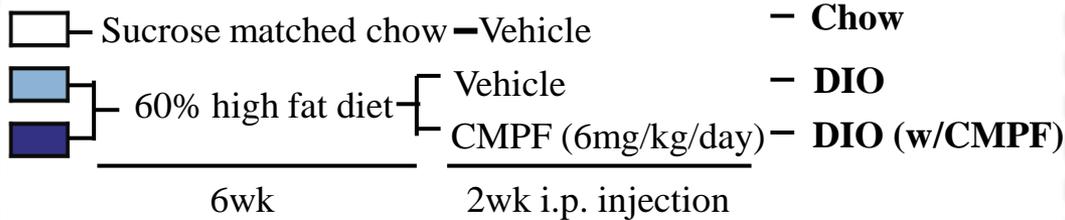
# CMPF AND BETA CELL FUNCTION



## Diet Predisposed Model (DIO)

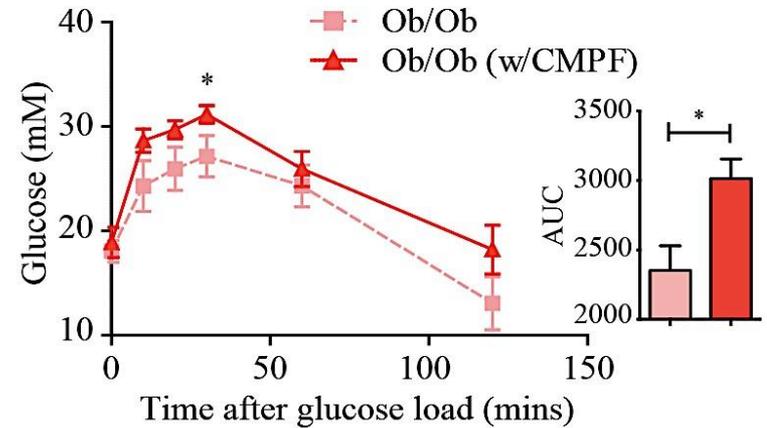
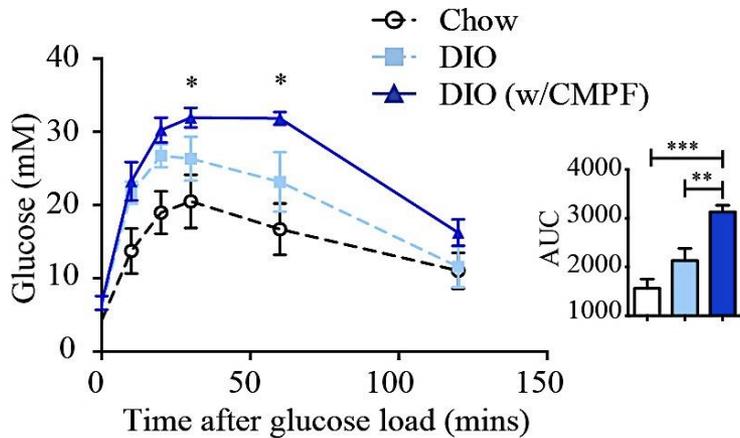


## Genetic Predisposed Model (Ob/Ob)

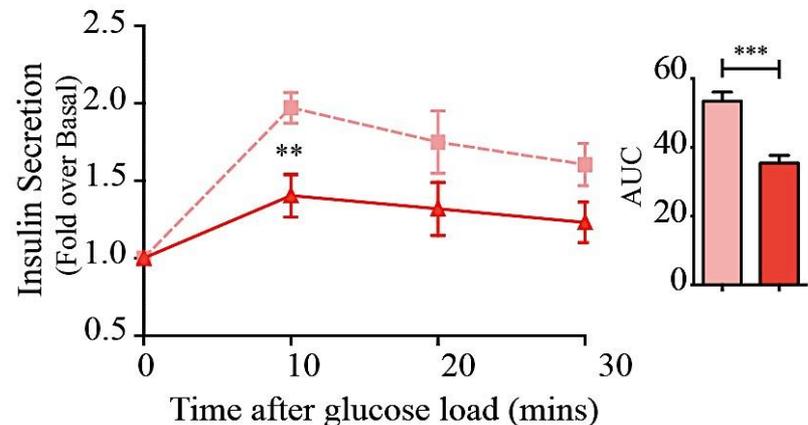
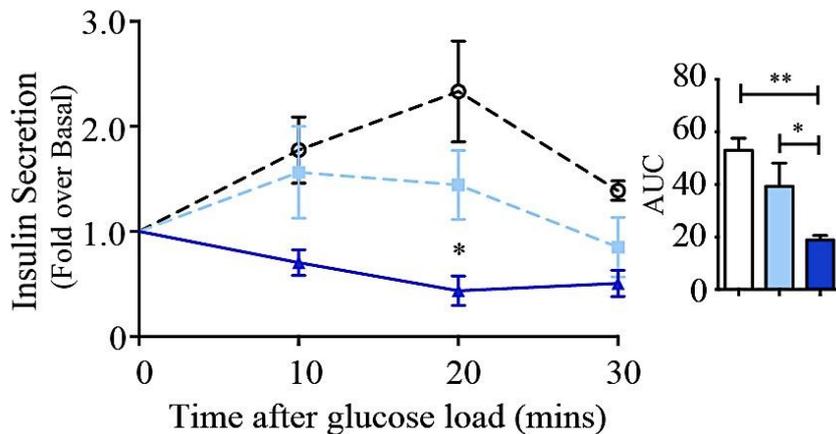


# CMPF AND BETA CELL FUNCTION

## Glucose Tolerance Test

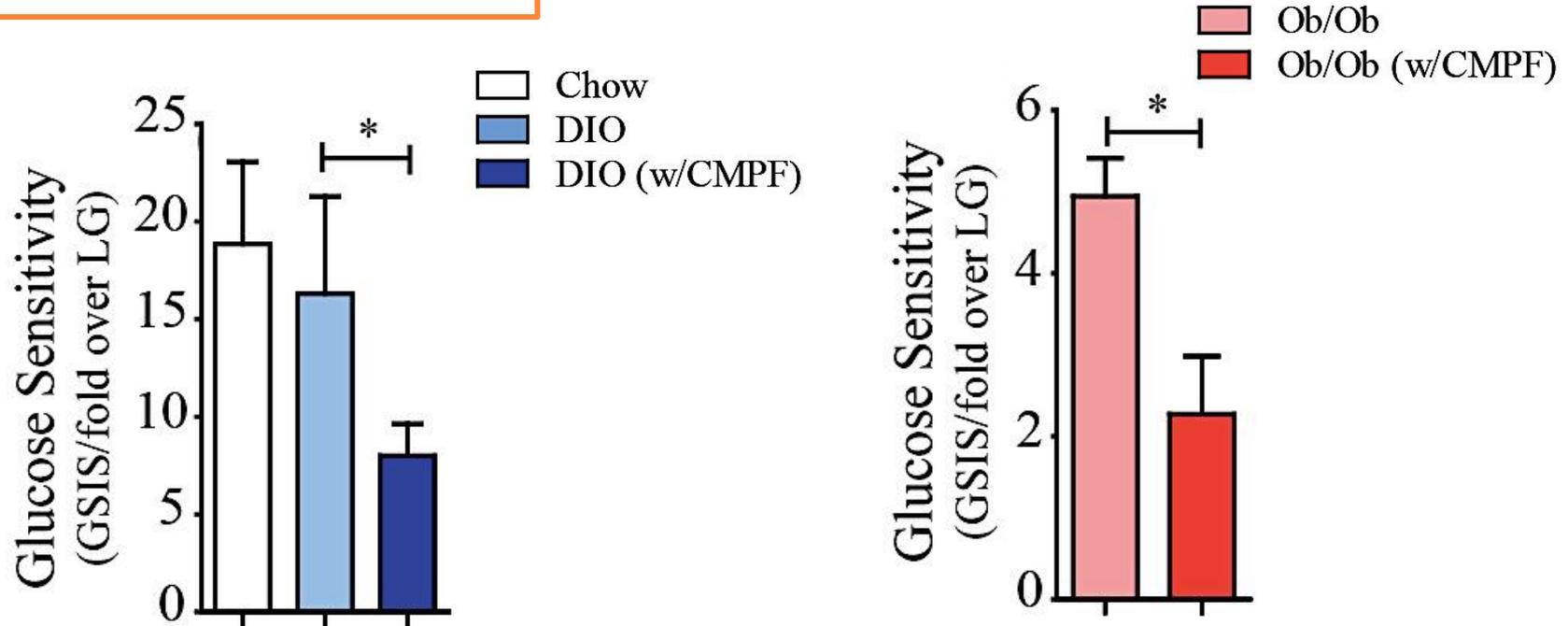


## Insulin Secretion *in-vivo*



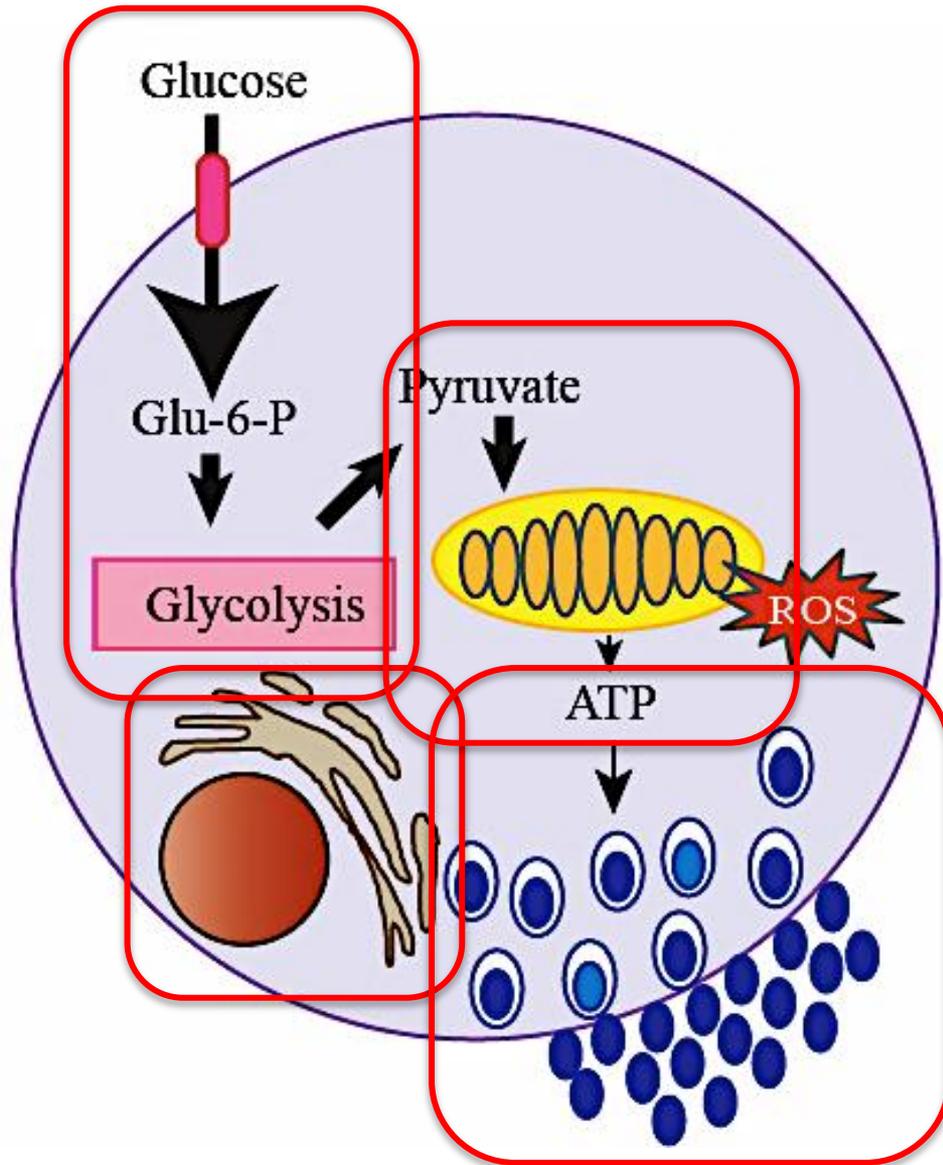
# CMPF AND BETA CELL FUNCTION

## Insulin Secretion *ex-vivo*



**Elevated CMPF Impairs Glucose-Stimulated Insulin Secretion and may Potentiate the Development of Diabetes in Rodent Models**

# INSULIN SECRETION IN BETA CELL

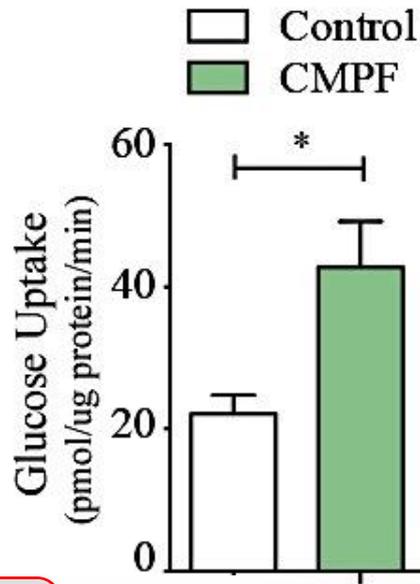


Glucose Sensing  
(Glycolysis) X  
Metabolism X  
ATP production X  
Insulin  
Biosynthesis X  
Exocytosis X

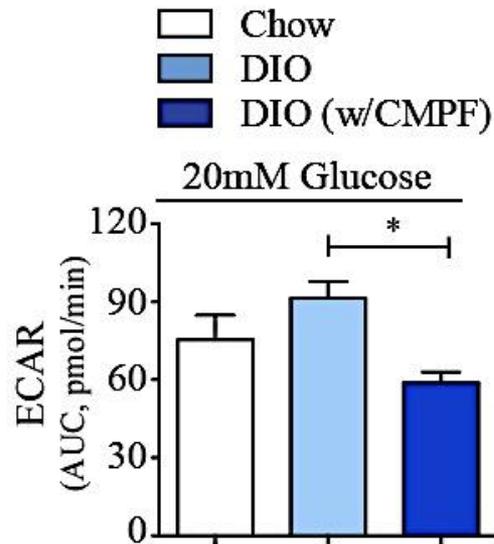
↑  
CMPF

# CMPF: GLUCOSE SENSING (GLYCOLYSIS)

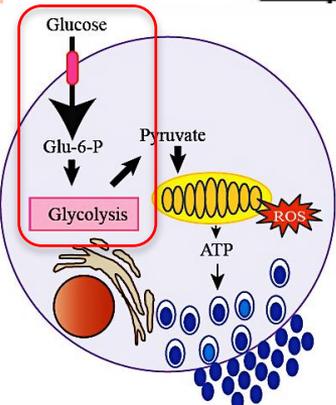
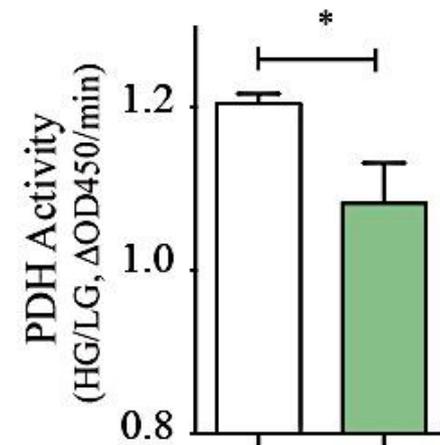
## Glucose Uptake



## Glycolysis



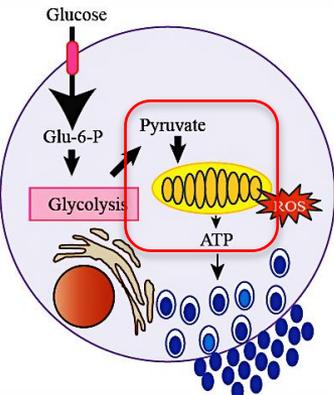
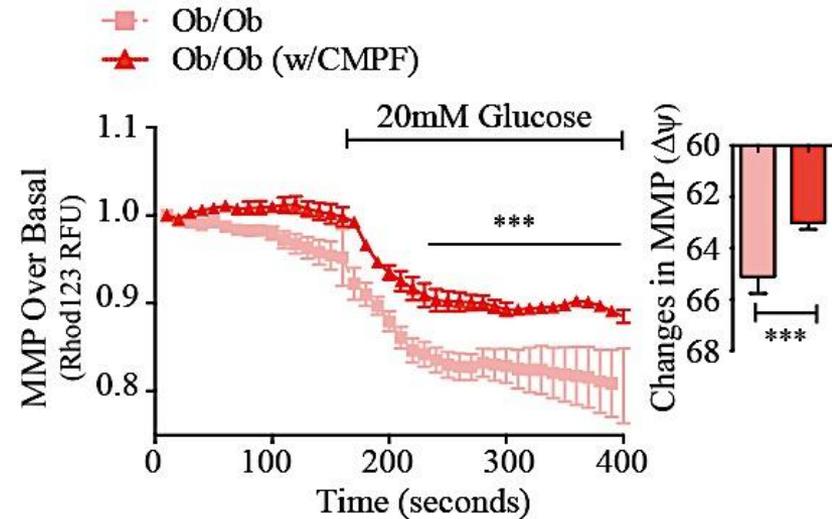
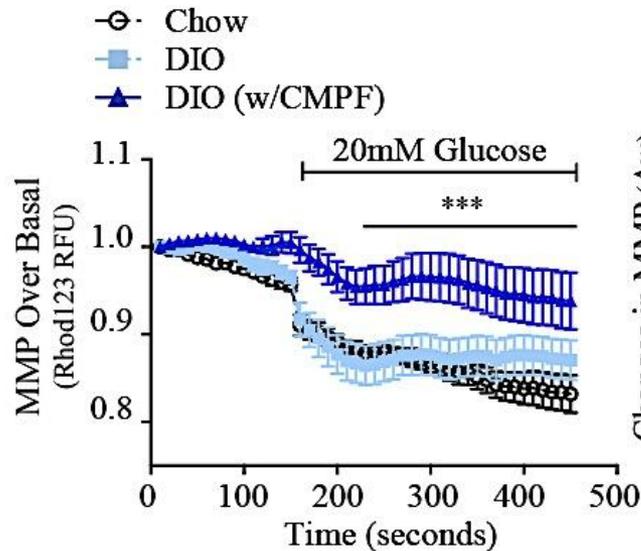
## Pyruvate Dehydrogenase (PDH)



## CMPF Impairs Glycolysis

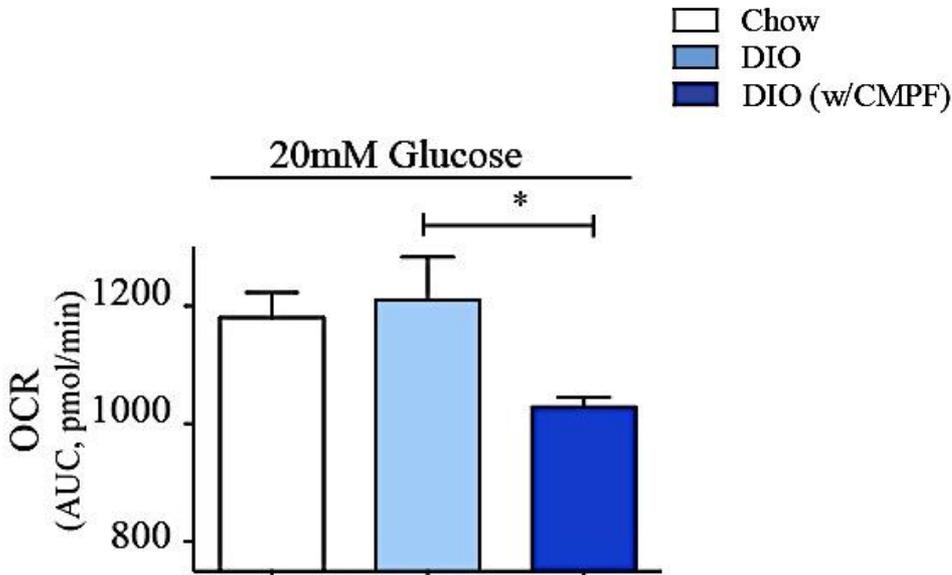
# CMPF: MITOCHONDRIAL METABOLISM

## Mitochondrial Membrane Potential (MMP)

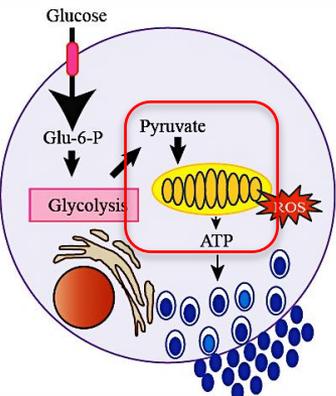
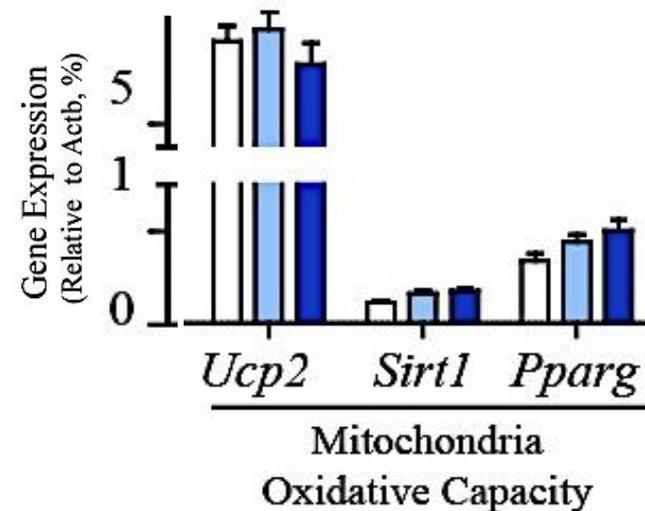


# CMPF: MITOCHONDRIAL METABOLISM

## Glucose Oxidation



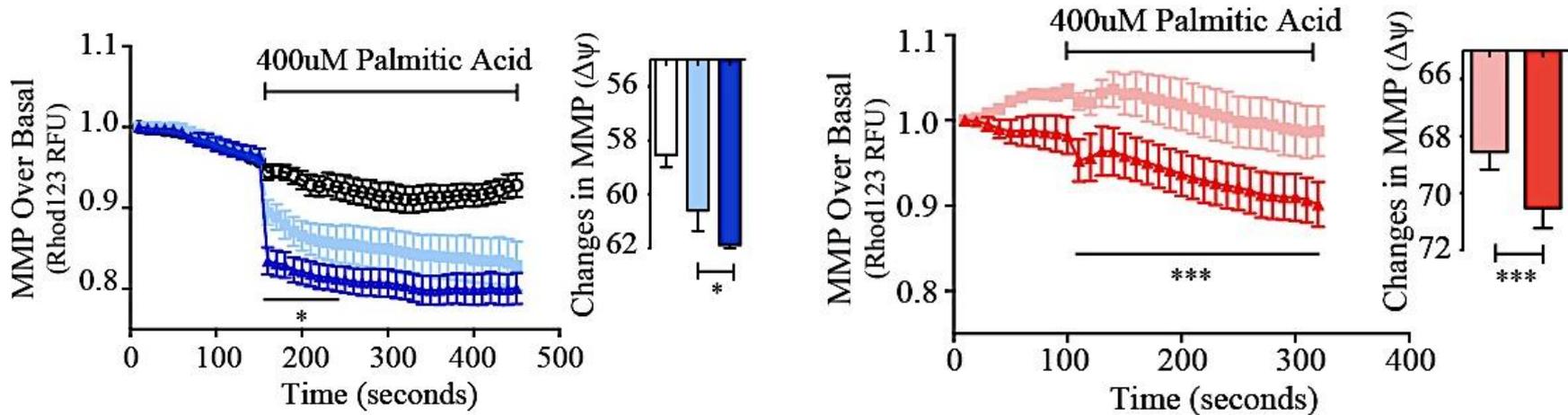
## Mitochondrial Biogenesis



**CMPF Impairs Glucose Metabolism  
without affect Mitochondrial Biogenesis**

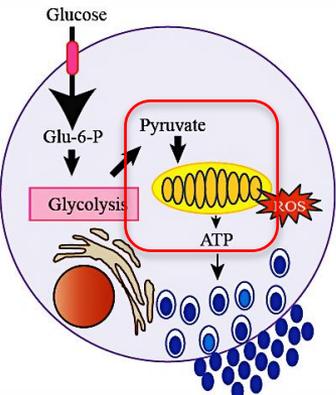
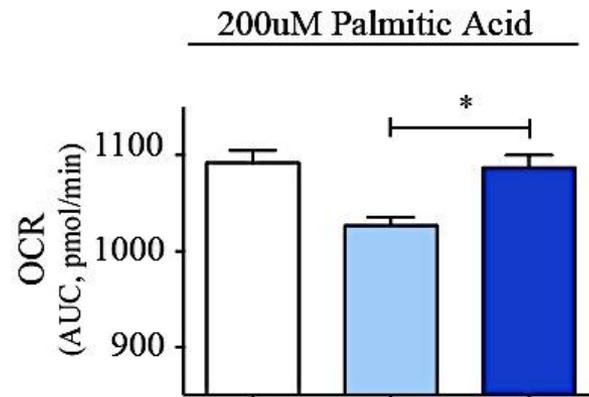
# CMPF: MITOCHONDRIAL METABOLISM

## Mitochondrial Membrane Potential (MMP)



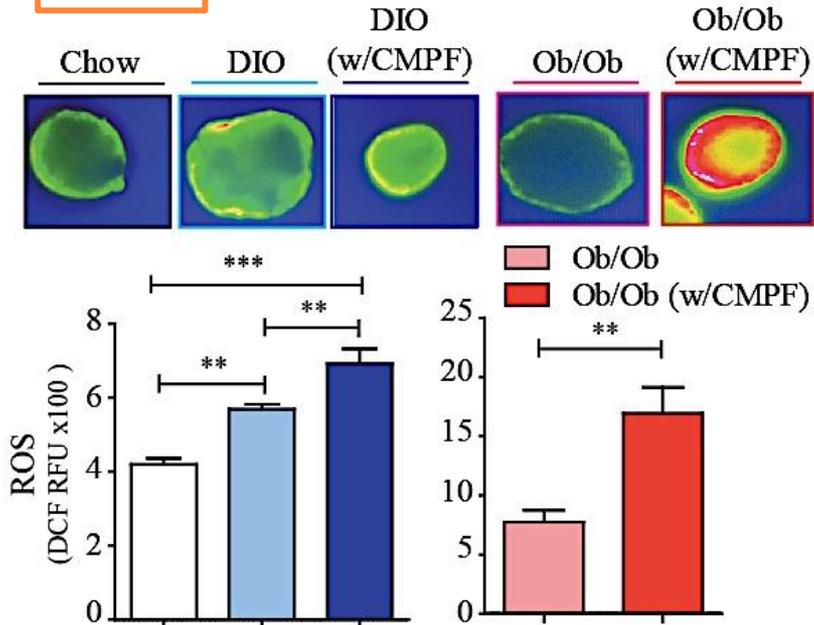
**CMPF Impairs Glucose Metabolism by Metabolic Remodeling to Enhance Fatty Acid Metabolism**

## Fatty Acid Oxidation

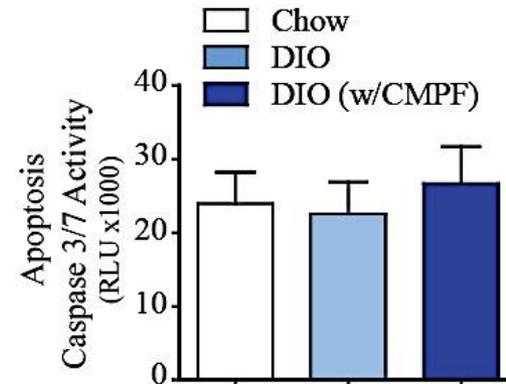


# CMPF: METABOLIC REMODELING

## ROS

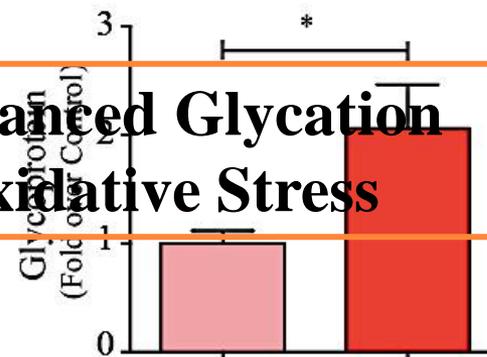


## Apoptosis

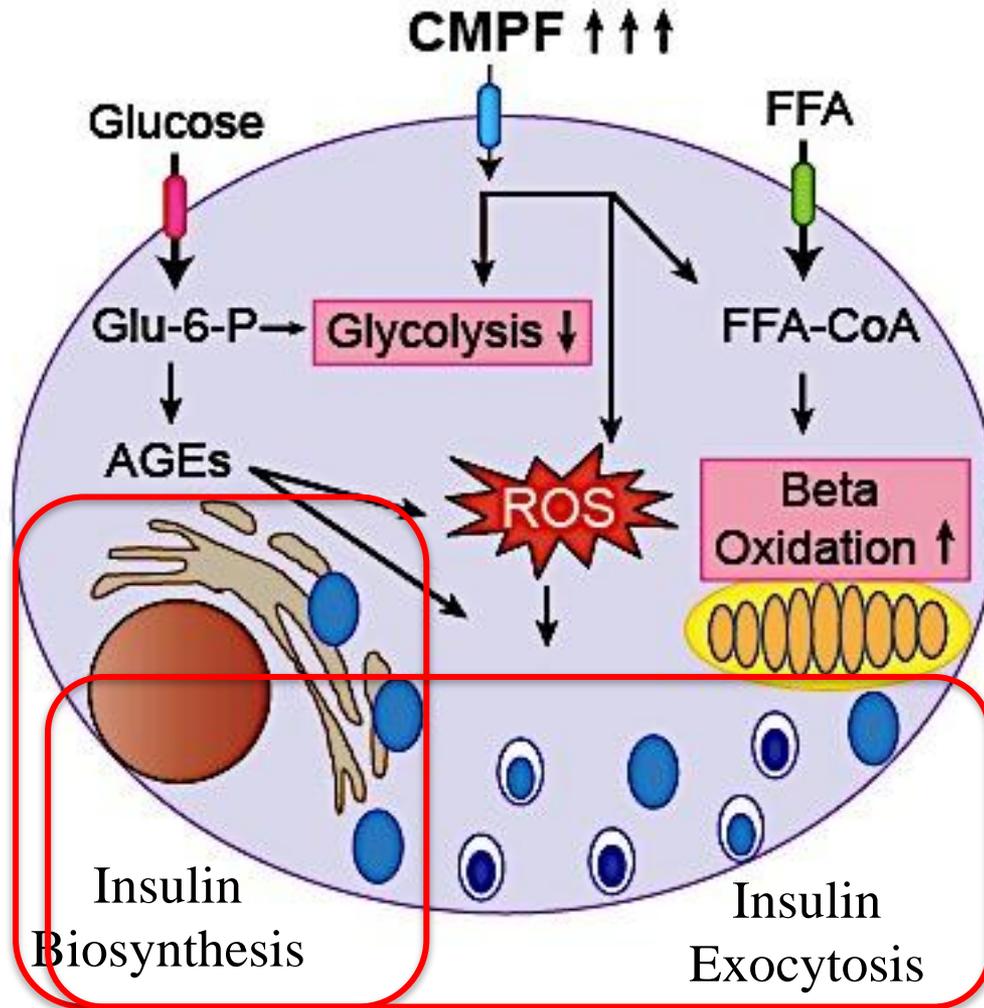


## Advanced Glycation End-products (AGEs)

## CMPF Increases Advanced Glycation End-Products and Oxidative Stress

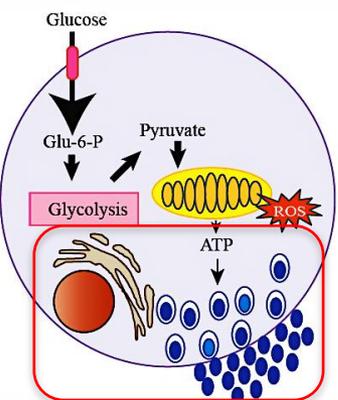
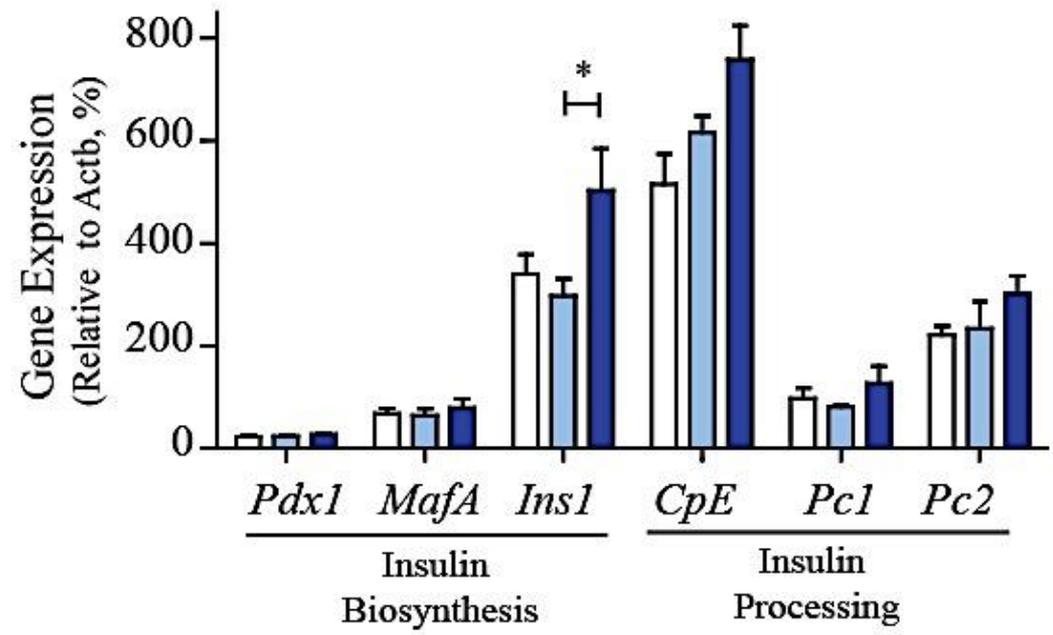
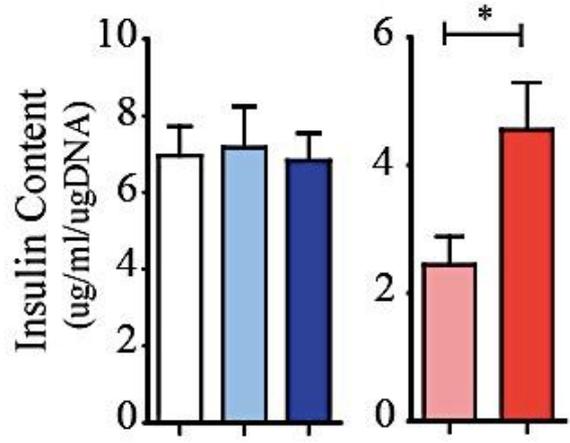


# CMPF: INSULIN SECRETION IN BETA CELL



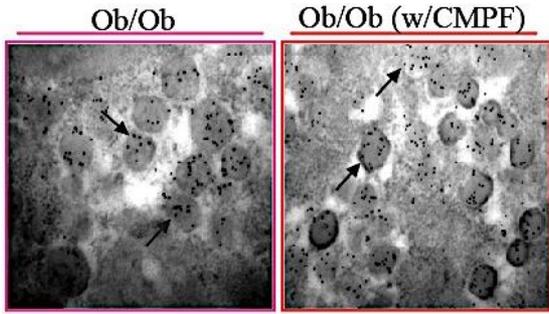
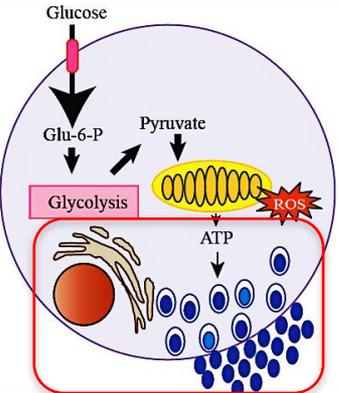
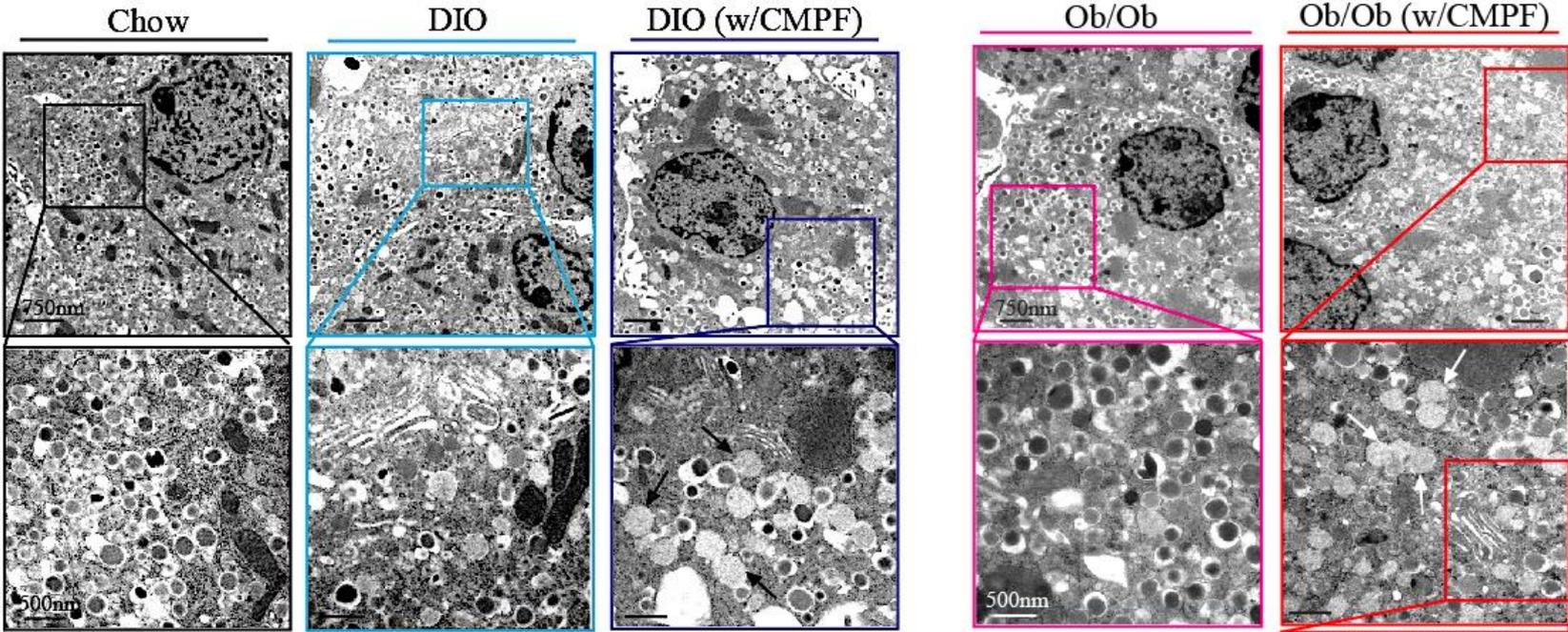
# CMPF: INSULIN BIOSYNTHESIS & EXOCYTOSIS

## Insulin Content

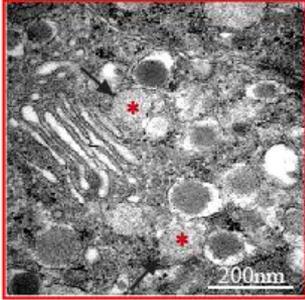


# CMPF: INSULIN BIOSYNTHESIS & EXOCYTOSIS

## Transmitted Electron Microscopy (TEM)

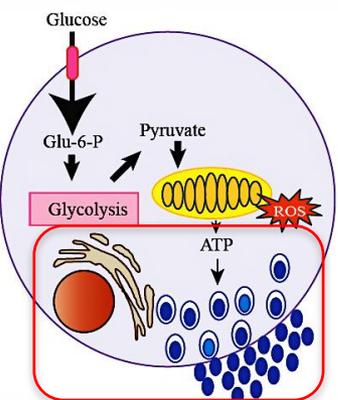
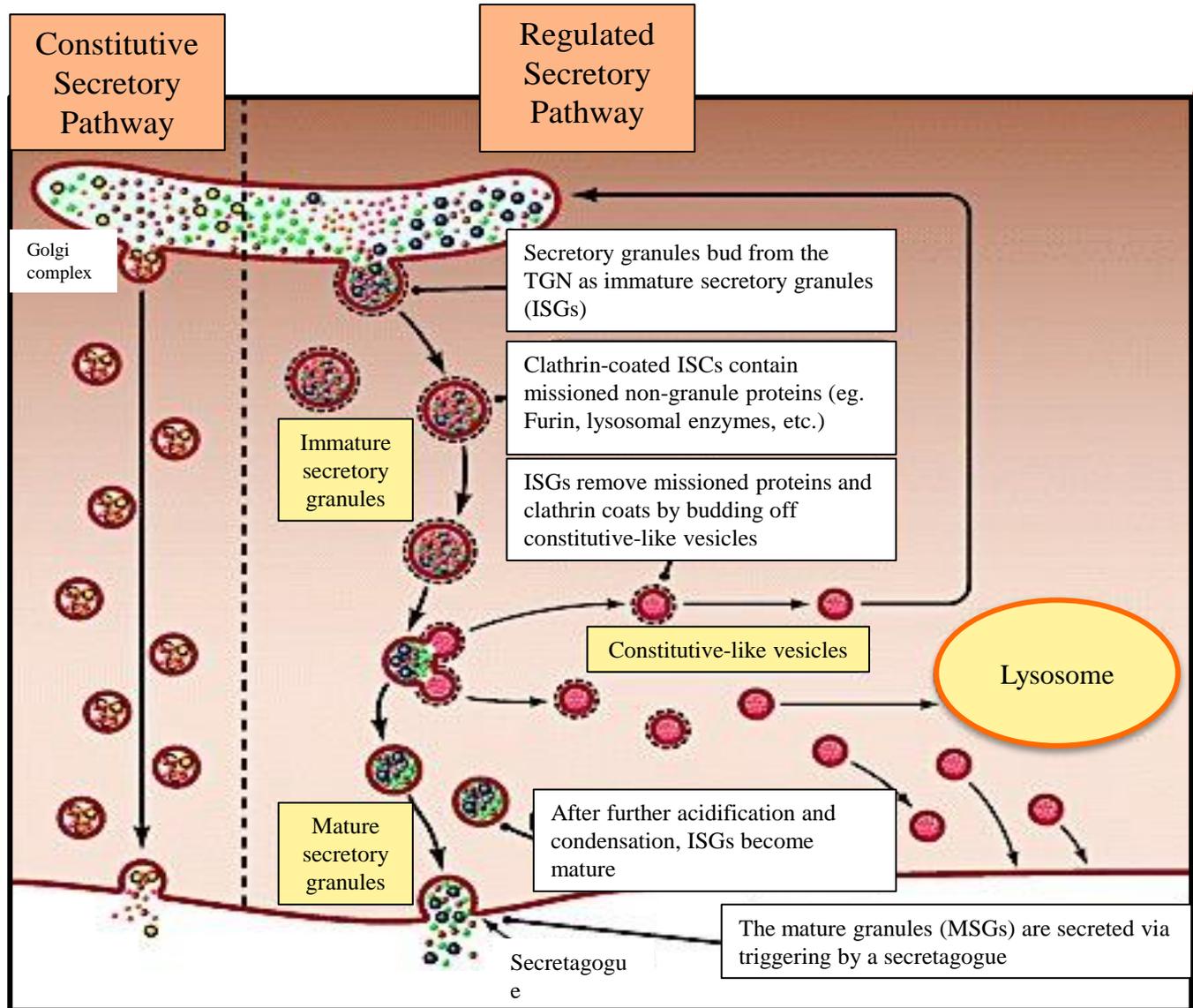


Immuno-Gold Insulin Staining



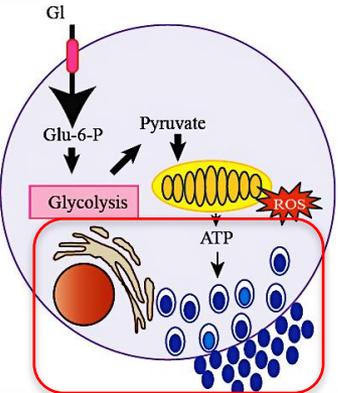
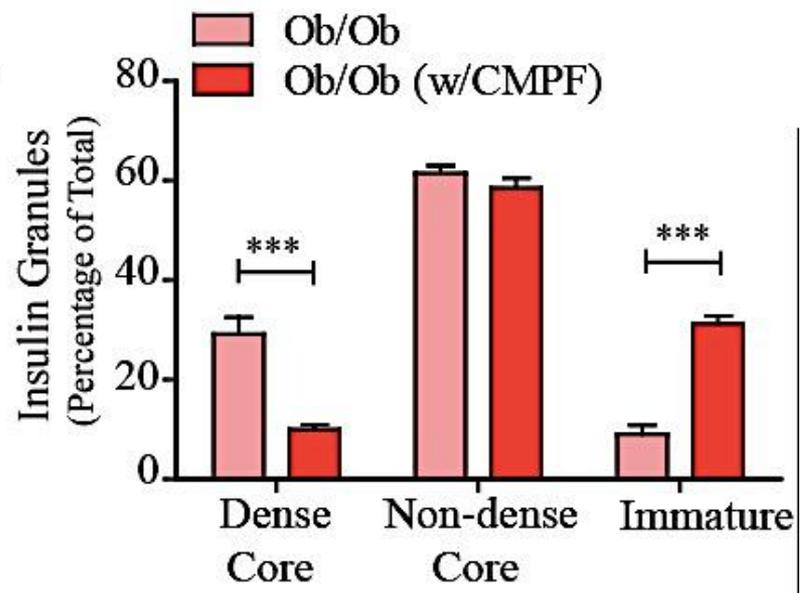
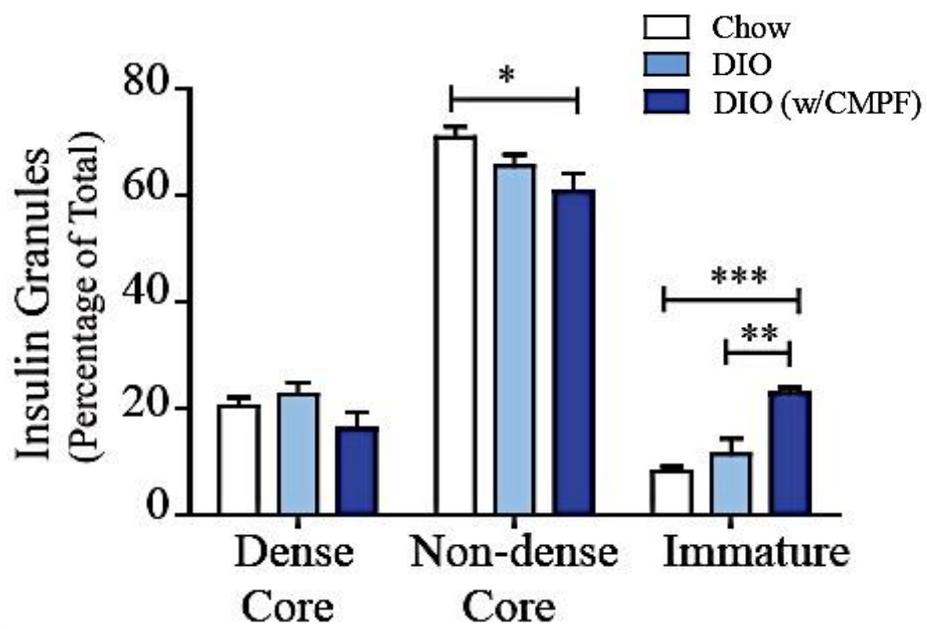
# CMPF: INSULIN BIOSYNTHESIS & EXOCYTOSIS

The constitutive secretory pathway present in all cell types does not require stimulation for exocytosis



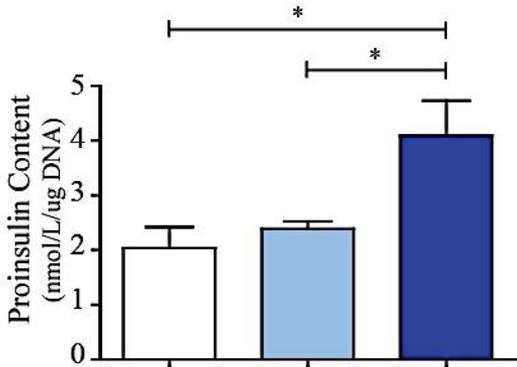
# CMPF: INSULIN BIOSYNTHESIS & EXOCYTOSIS

## Transmitted Electronic Microscopy (TEM)

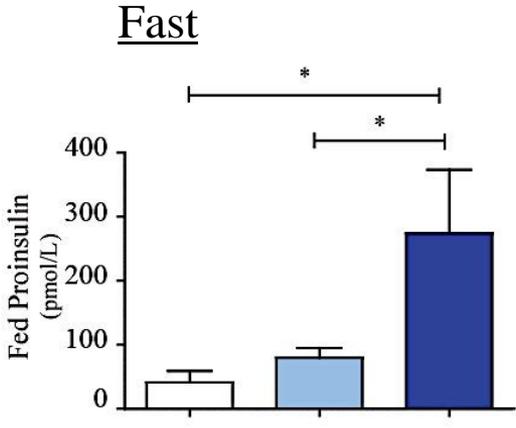
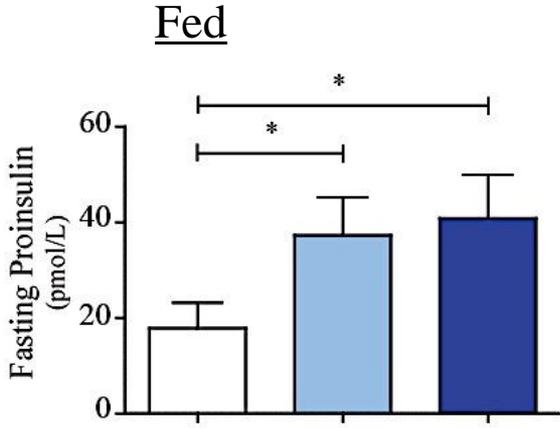


# CMPF: INSULIN BIOSYNTHESIS & EXOCYTOSIS

## Cellular

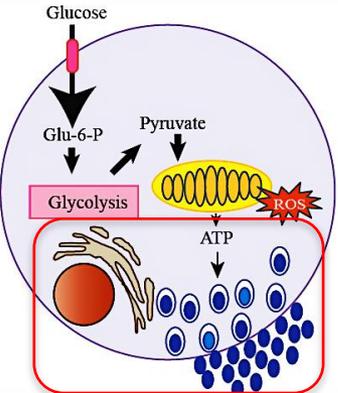


## Exocytosis: Secretion



- Chow
- DIO
- DIO (w/CMPF)

## CMPF Increases Proinsulin and Impairs Insulin Granule Maturation

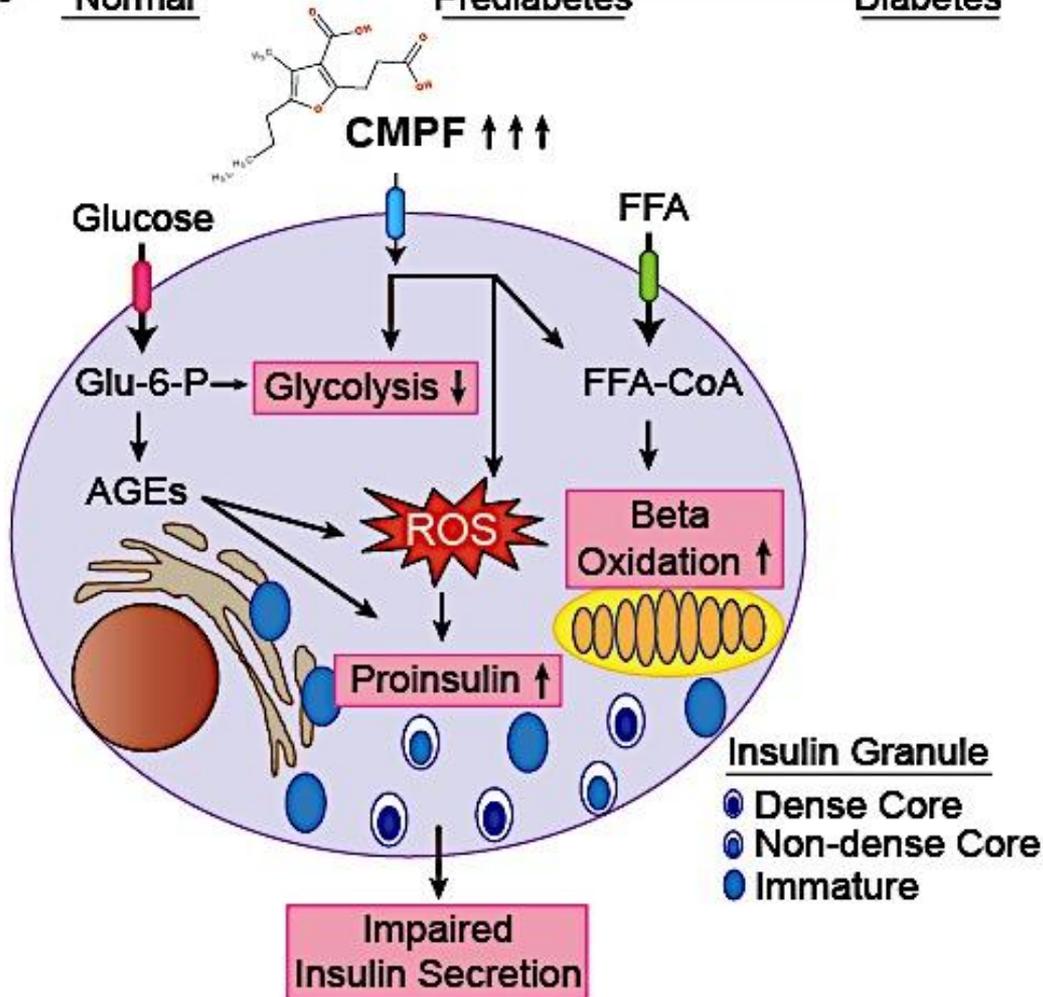


Fasting  
Glucose

Normal

Prediabetes

Diabetes



## Human Study

1. CMPF significantly elevated in Prediabetes and Diabetes population.
2. Rapid elevation may be a high risk for future diabetes development

## Animal Study

1. CMPF impairs glucose metabolism by introducing preferential fatty acid oxidation
2. CMPF induces beta cell dysfunction shown as impaired insulin secretion

**Rapid Elevation of CMPF May Act as a Tipping Point Towards  $\beta$  Cell Dysfunction During Diabetes Development**

# ACKNOWLEDGEMENTS

**University of Toronto  
Toronto General Hospital**

**Dr. Michael Wheeler  
Dr. Kacey Prentice  
Amina Allalou  
Andrea Eversley  
Dr. Feihan Dai**

**Kaiser Permanente  
Oakland, USA  
Dr. Erica Gunderson**

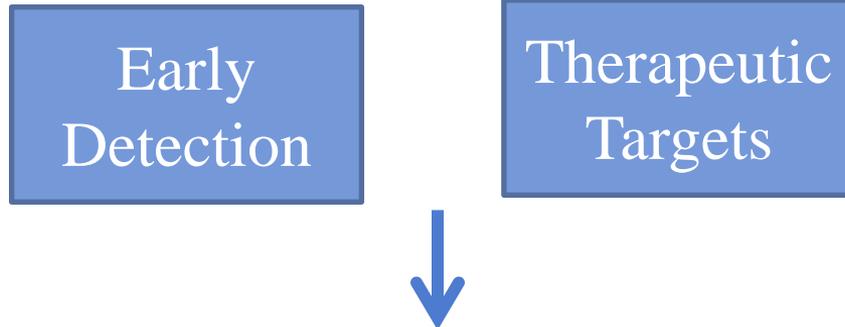
**Hospital for Sick Children  
Toronto, Canada  
Analytical Facility for  
Bioactive Molecules**



**6<sup>th</sup> People's Hospital,  
Shanghai, China  
Dr. Weiping Jia  
Dr. Wei Li  
Dr. Cheng Hu**



# WHAT CAN WE DO???



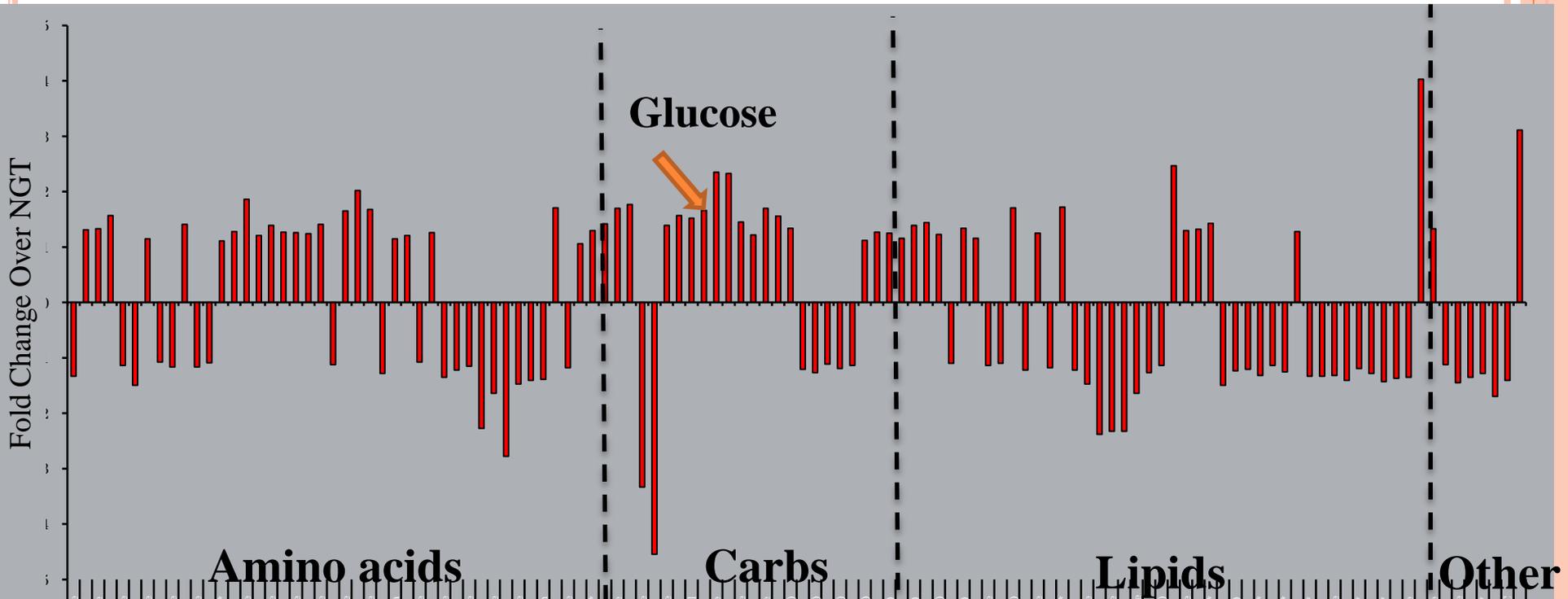
## 1. DISCOVER ✓ CMPF

Discover novel metabolites which cause  $\beta$  cell failure

## 2. PREDICT & DETECT

Establish novel and sensitive biomarkers to predict and detect Diabetes

# ESTABLISH BIOMARKERS TO PREDICT AND DETECT DIABETES

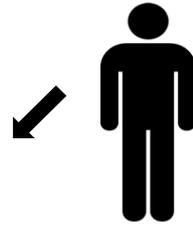


**Metabolomic Signature: it is more than just hyperglycemia**

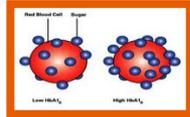
**What can we do with this data???**

# ESTABLISH SIGNATURE PANELS TO PREDICT AND DETECT DIABETES

**Fasting Blood  
Glucose/OGTT**



**HbA1c**



**Clinical Practice  
Guidelines**

**NGT**

**IGT**

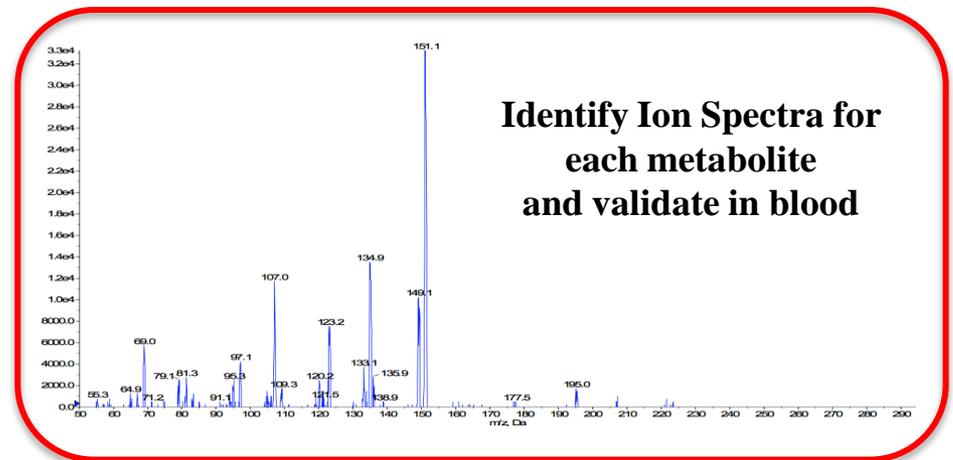
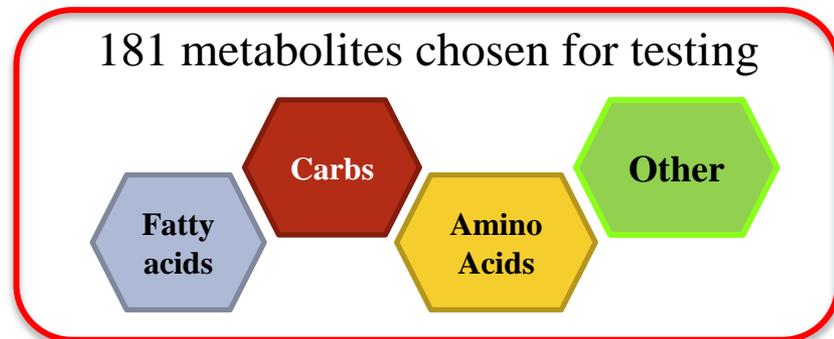
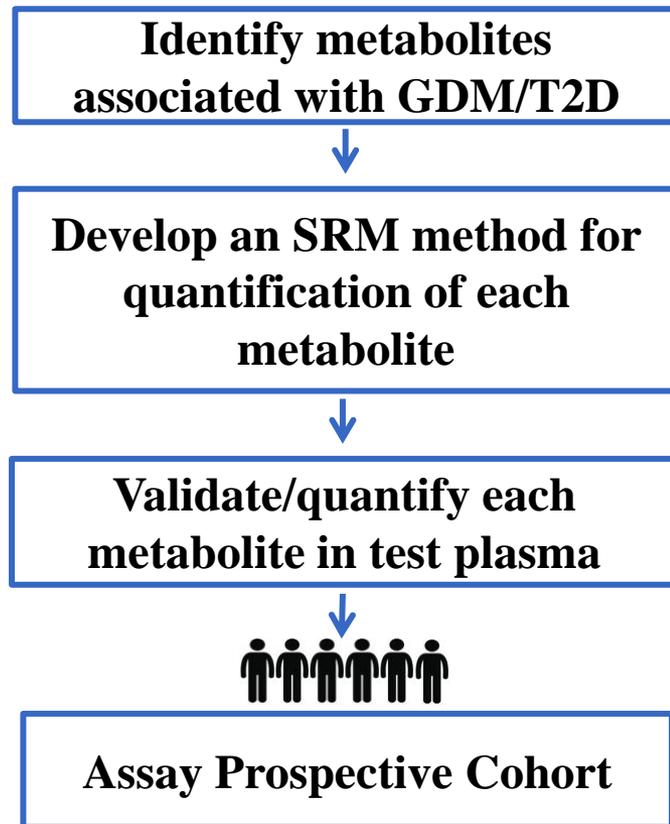
**Prediction of  
Future DM  
Within 5 Years**

**Population Risk**

**10%**

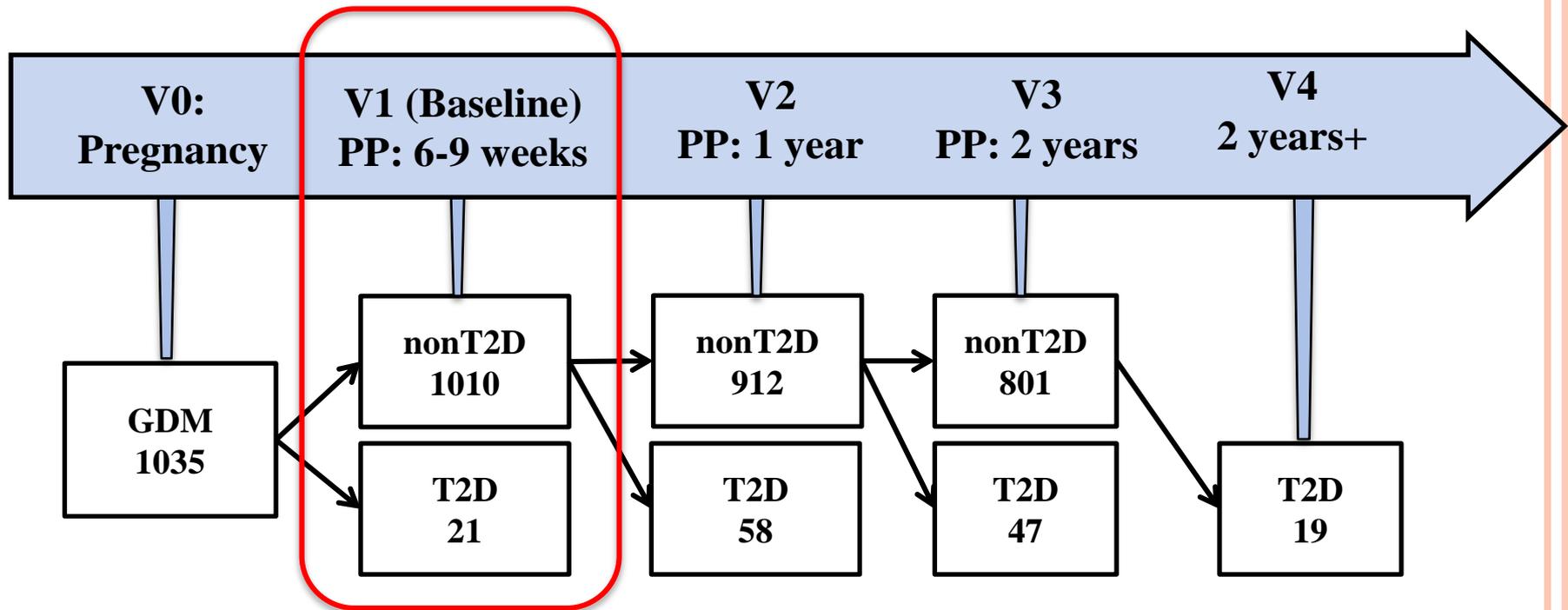
**40-50%**

# ESTABLISH SIGNATURE PANELS TO PREDICT AND DETECT DIABETES



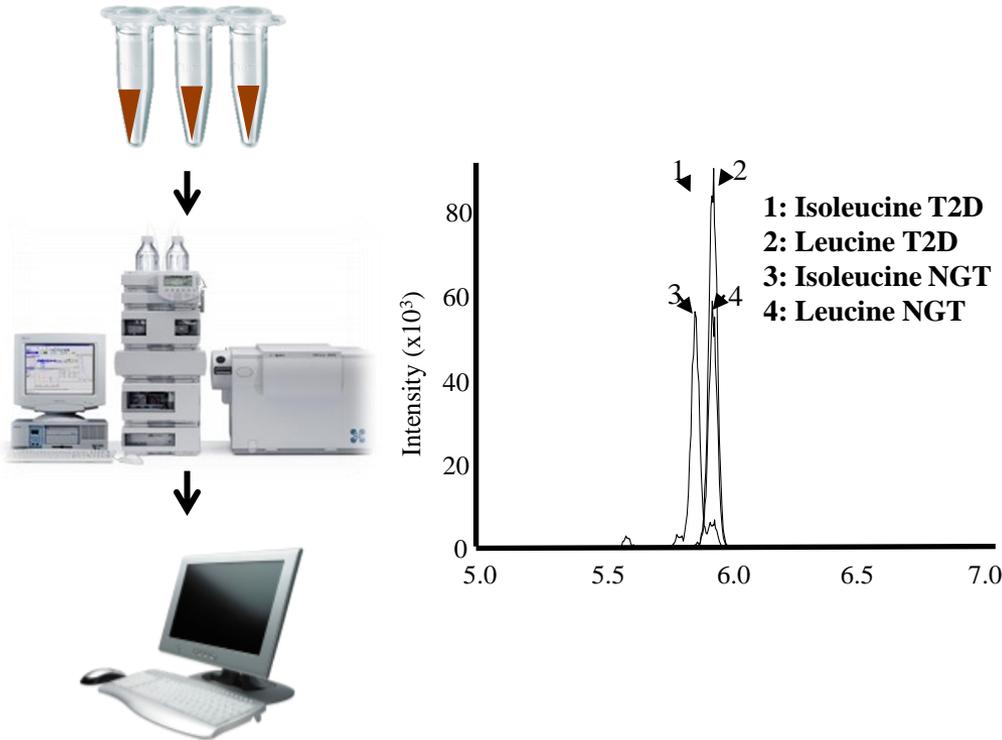
# ESTABLISH SIGNATURE PANELS TO PREDICT AND DETECT DIABETES

## SWIFT Prospective GDM Cohort



**By 2.5 years postpartum, 124 women (10.3%) have developed T2D**

# ESTABLISH SIGNATURE PANELS TO PREDICT AND DETECT DIABETES

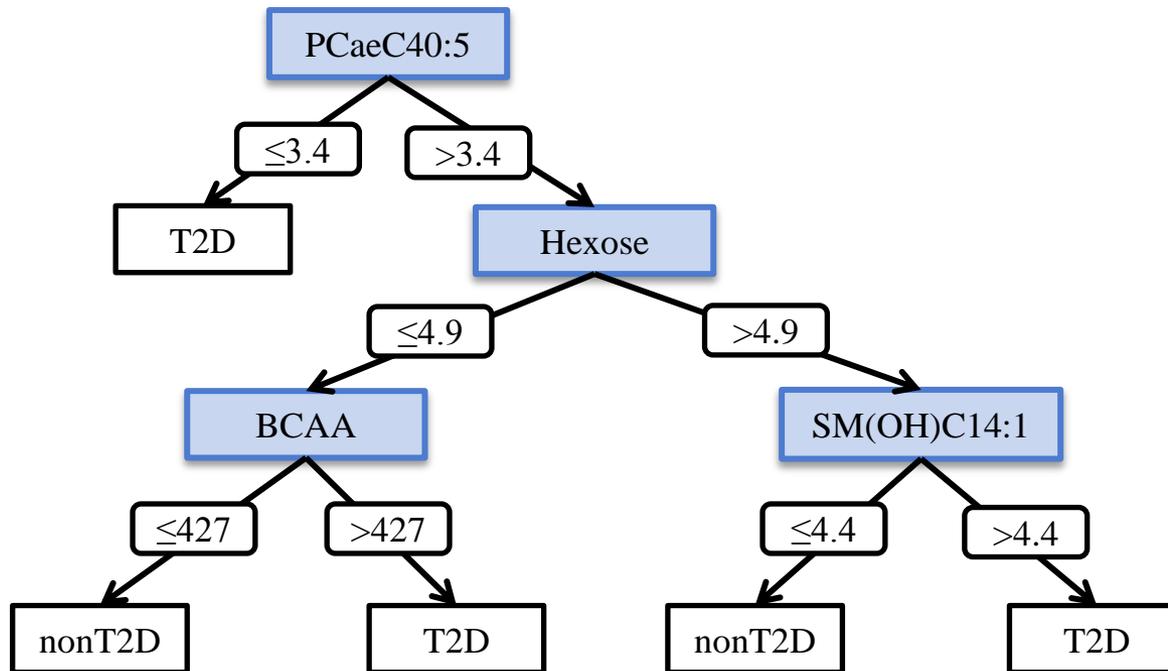


	Metabolite	Class	Fold Change	P value
Metabolites				
1	Hexose	Carbs	1.097	<0.000001
2	SMC20:2	SMs	0.819	<0.001
3	Tyr	AAs	1.121	<0.001
4	Val	AAs	1.094	<0.01
5	SMC18:1	SMs	0.891	<0.01
6	Leu	AAs	1.098	<0.01
7	2-AAA	AAs	1.20	<0.01
8	Ile	AAs	1.095	<0.01
9	SMC24:1	SMs	0.913	<0.05
10	Trp	AAs	1.057	<0.05
11	Thr	AAs	1.097	<0.05
12	PCaeC42:5	PCs	0.916	<0.05
13	SMC18:0	SMs	0.919	<0.05
14	Gly	AAs	0.897	<0.05
15	C16:1n9	FFAs	0.890	<0.05
16	SM(OH)C16:1	SMs	0.914	<0.05
17	SM(OH)C22:2	SMs	0.977	<0.05
18	PCaeC40:5	PCs	0.906	<0.05
19	PCaeC44:5	PCs	0.922	<0.05
20	AC3	ACs	1.104	<0.05
21	AC10	ACs	0.907	<0.05

**Over 20 metabolites associated with future T2D status**

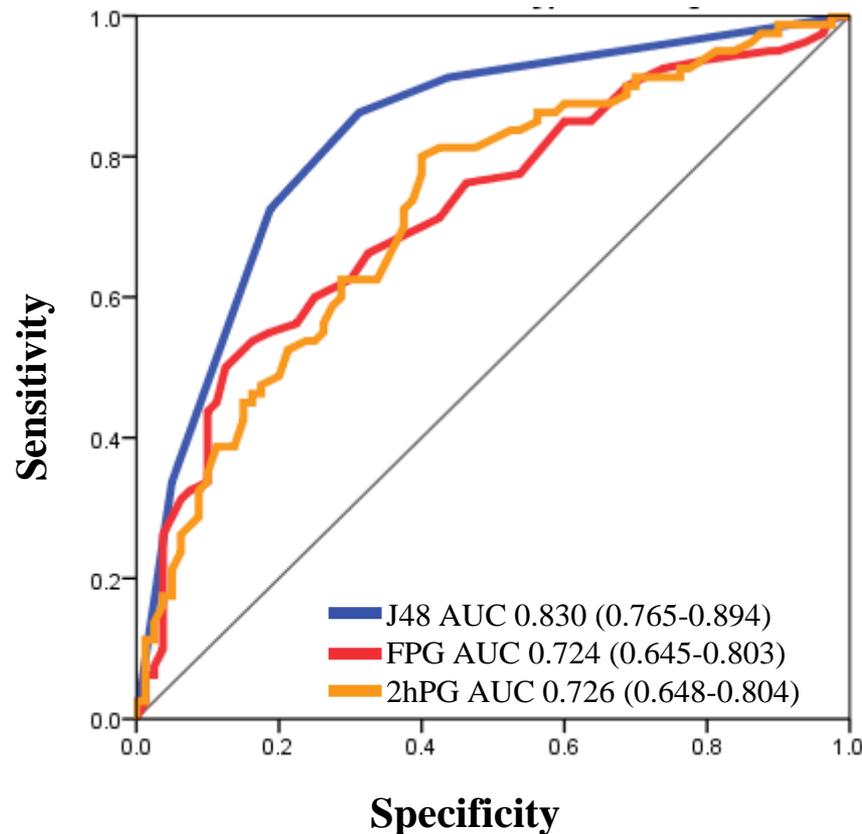
# ESTABLISH SIGNATURE PANELS TO PREDICT AND DETECT DIABETES

## Machine Learning: Decision Tree Algorithm



# ESTABLISH SIGNATURE PANELS TO PREDICT AND DETECT DIABETES

## SWIFT Prospective GDM Cohort



**Machine Learning  
Algorithm Accurately  
Predicts Future T2D**

# WHAT WE HAVE ACHIEVED SO FAR???

Early  
Detection

Therapeutic  
Targets



## 1. DISCOVER ✓ CMPF

Discover novel metabolites which cause  $\beta$  cell failure

## 2. PREDICT & DETECT

Establish novel and sensitive biomarkers to predict and detect Diabetes

✓ Predictive Signature Panel

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Dr. Cheng Hu**



**We need more prospective cohort to  
test our signature metabolite panel for  
future diabetes prediction!!!**

***INTERESTED???***